

1 CHOOSE A MEAL

BOWL

1 Entree + Side(s)
240-1010 cal \$8.29

PLATE

2 Entrees + Side(s)
390-1500 cal \$9.79

BIGGER PLATE

3 Entrees + Side(s)
540-1990 cal \$11.29

FAMILY FEAST

3 Large Entrees + 2 Large Sides
1280-7015 cal \$43.00

2 CHOOSE SIDES

VEGETABLES

Super Greens 90 cal

NOODLES

Chow Mein 510 cal

RICE

Fried Rice 520 cal
White Rice 380 cal
Brown Rice 420 cal

A LA CARTE

Medium \$4.69 Large \$5.69

3 CHOOSE ENTREES

FAVORITES

The Original Orange Chicken® 490 cal 🌶️
Beijing Beef® 470 cal 🌶️
Honey Sesame Chicken 420 cal

PREMIUM + \$1.59

Honey Walnut Shrimp 360 cal
Black Pepper Steak 180 cal

WOK SMART

300 CALORIES OR LESS AND AT LEAST 8G OF PROTEIN

Broccoli Beef 150 cal
Kung Pao Chicken 290 cal 🌶️
Grilled Teriyaki Chicken 300 cal

A LA CARTE

Small \$5.29 Medium \$8.59 Large \$11.79

PREMIUM A LA CARTE

Small \$6.79 Medium \$10.09 Large \$12.79

4 EXTRAS

APPETIZERS 160-200 cal | \$2.59

Chicken Egg Roll 200 cal
Veggie Spring Roll 190 cal
Cream Cheese Rangoon 190 cal
Apple Pie Roll 150 cal

DRINKS



Fountain 0-510 cal \$2.59

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional information available upon request.