

Interpersonal-
Psychological
Theory of
Suicidal
Behavior

JOINER'S THEORY OF SUICIDE



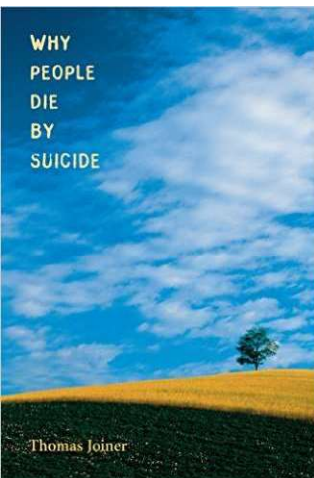
Interpersonal-Psychological Theory of Suicidal Behavior

Desire for Suicide:

Perceived burdensomeness
Low belongingness



“My death will be worth more than my life to family, friends, society, etc.”



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Capability for Suicide:

A fearlessness of pain, injury, and death.



A clear implication of this is suicidal behavior.

Acquired through a process of repeatedly experiencing painful and otherwise provocative events.



Said behavior will habituate individuals to the pain and fear of self-injury, making future suicidality, on average, more likely (Brown, Beck, Steer, & Grisham,

2000).

