

# NO MORE

## PHYSICAL ABUSE

- Damaging property when angry (thrown objects, punched walls, kicked doors, etc.)
- Pushing, slapping, biting or kicking
- Abandoning partner in a dangerous or unfamiliar place
- Driving recklessly to scare partner
- Using of a weapon to threaten or hurt partner
- Trapping partner at home
- Preventing partner from calling police or seeking medical attention

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### RESOURCES:

The National Domestic Violence Hotline | [www.thehotline.org](http://www.thehotline.org)

The National Sexual Assault Hotline | [www.rainn.org](http://www.rainn.org)

The National Dating Abuse Helpline | [www.loveisrespect.org](http://www.loveisrespect.org)