

## TIPS FOR THE ROAD

Bright, reflective clothing increases visibility. Use a helmet to protect your brain! Your helmet should be snug but not tight. It should sit level on your head (not tilted back) with the front edge no more a width of approximately 2 fingers above your eyebrows.

Be aware of low angle sun during fall and spring as motorists may not see you.

Use hand signals to let pedestrians, cyclists and drivers know your intentions. Make eye contact with motorists to make sure they are aware of your presence.

Take the full travel lane if the road is too narrow for motorists to pass. Avoid weaving around parked cars. Riding predictably increases safety for all roadway users.

Be aware of your surroundings. Avoid using earphones, texting or talking on a cell phone while riding.

“Sharrows” (shared roadway markings) are placed on roadways that are links in the bicycling network. They indicate where bicyclists can ride safely and alert motorists to the presence of bicyclists.

When biking in a park or shared use path, be mindful of other path users. Paths are designed for low speed use. Stay to the right when using a path. Pass on the left and use an audible warning when passing. Ride single file during congested conditions.

Cross railroad tracks at a 90° angle (perpendicular). Tracks can be slippery when wet. Ride around storm and sewer gratings.

Securely lock your bike with a U-lock or cable lock. Secure detachable items and leave your bike where others can keep an eye on it.

Bikes operated or parked on UW property are required to have a \$5 permit, which can be acquired through the UW Police Department.

## TRAFFIC LAWS

In Wyoming, a person riding a bicycle has all the rights and responsibilities as a motor vehicle driver. Obey all signs, lane markings and traffic control devices.

Stop at stop signs and red lights. Yield to pedestrians. The posted speed limit should be obeyed by all roadway users.

Keep at least one hand on the handlebars at all times.

Persons riding bicycles upon a roadway shall not ride more than two abreast except on paths or lanes of roadways set aside for the use of bicycles.

Avoid bicycling while under the influence of alcohol or controlled substances. Violations are the same for cyclists and motorists.

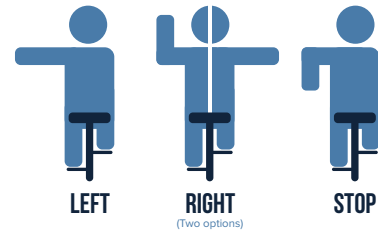
Every person operating a bicycle upon a roadway shall ride as near to the right side of the roadway as practicable (or safe).

Bicycling on sidewalks is prohibited except where the sidewalk is part of a designated and marked bicycle path.

A front white light (emitting >500') and rear red reflector attached to the bicycle are required when bicycling at night.

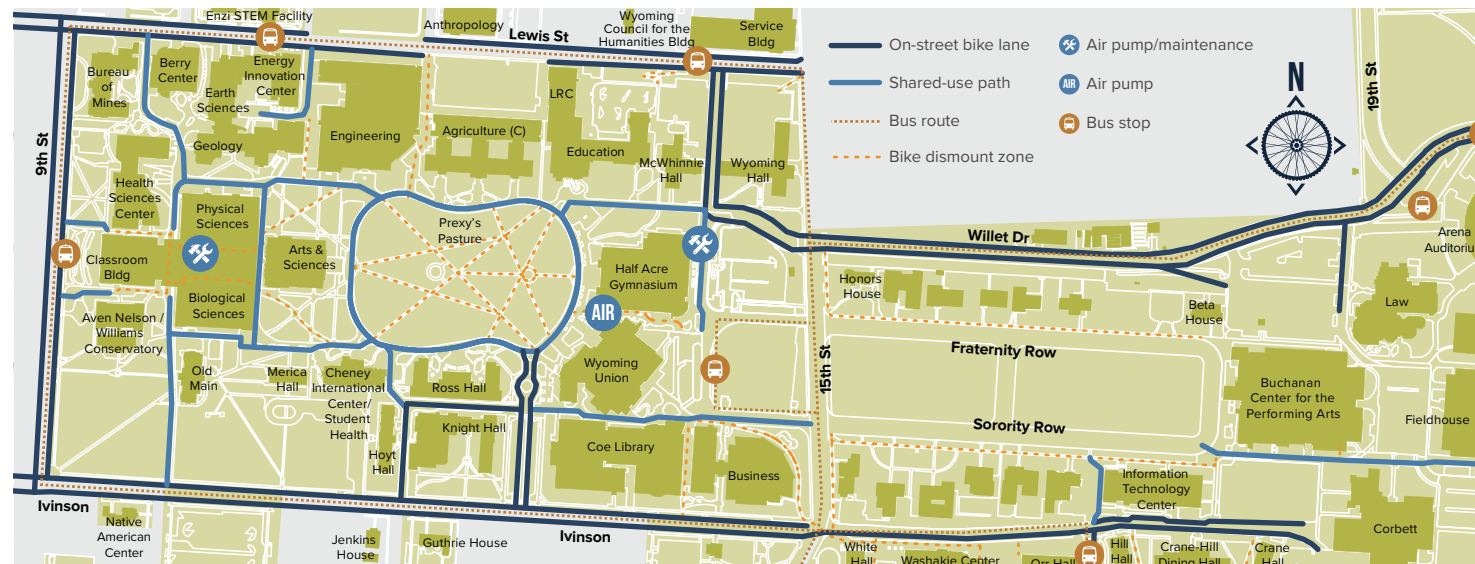
Every bicycle shall be equipped with a brake which will enable the operator to make the braked wheels skid on dry, level, clean pavement.

## HAND SIGNALS FOR TURNING



## UNIVERSITY OF WYOMING

See TransPark for detailed route and parking info for campus: [uwyo.edu/tps](http://uwyo.edu/tps)  
Additional campus buildings and a full map can be found at: [uwyo.edu/bike](http://uwyo.edu/bike)



## BIKE SHOPS IN LARAMIE

**All Terrain Sports**  
412 Grand Ave · (307) 721-8036

**Pedal House**  
207 S 1st St · (307) 742-5533

**ACME Bicycles**  
2900 Grand Ave · (307) 745-3300

*Laramie*  
WYOMING

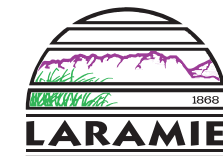
BIKE MAP



A project in conjunction with:



Laramie BikeNet



With funding from:



Optional 5th Cent sales and use tax



LARAMIEBIKENE.TORG



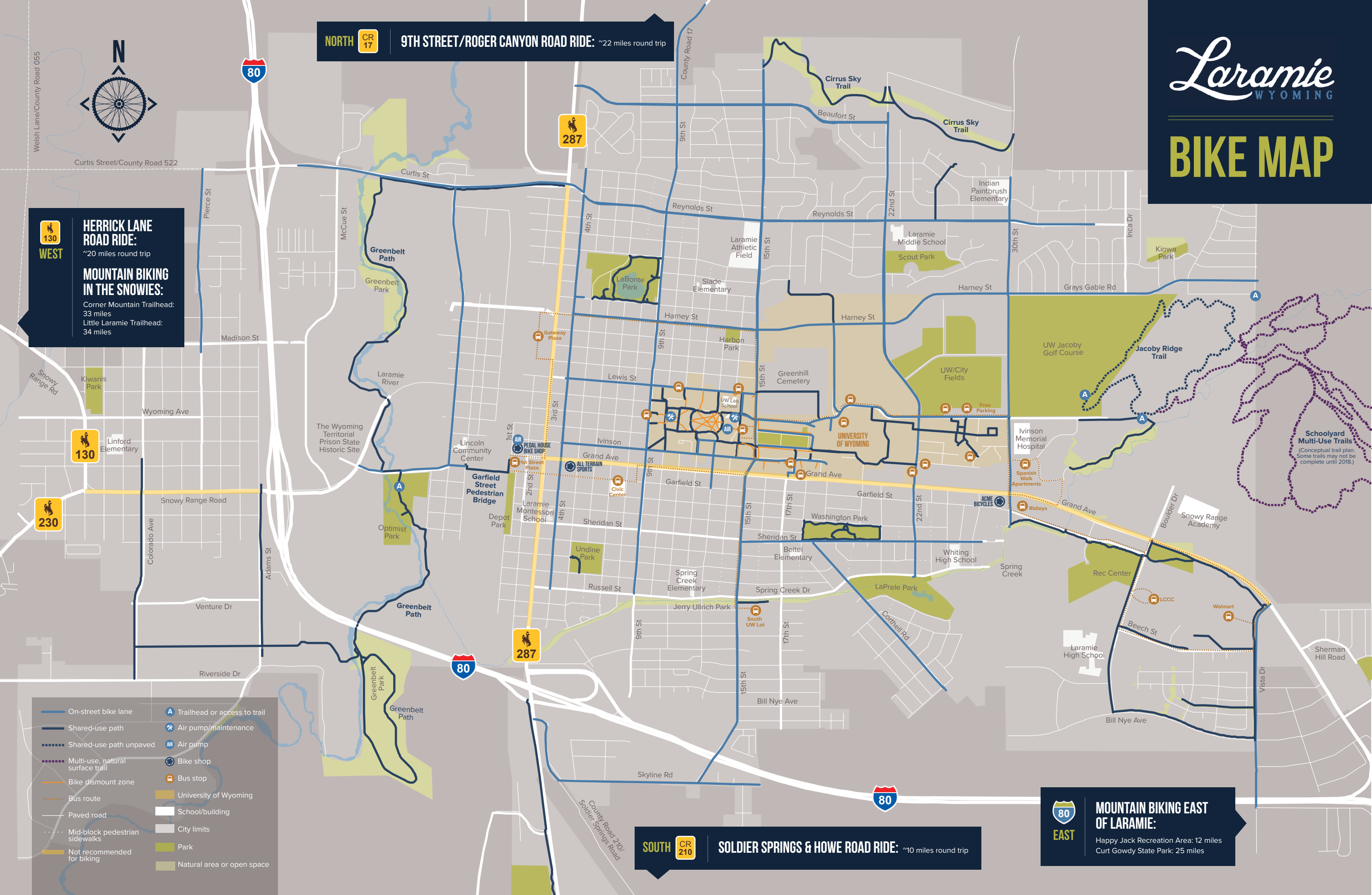
**NORTH CR 17** 9TH STREET/ROGER CANYON ROAD RIDE: ~22 miles round trip

**WEST 130** HERRICK LANE ROAD RIDE: ~20 miles round trip  
**MOUNTAIN BIKING IN THE SNOWIES:**  
 Corner Mountain Trailhead: 33 miles  
 Little Laramie Trailhead: 34 miles

**SOUTH CR 210** SOLDIER SPRINGS & HOWE ROAD RIDE: ~10 miles round trip

**EAST 80** MOUNTAIN BIKING EAST OF LARAMIE:  
 Happy Jack Recreation Area: 12 miles  
 Curt Gowdy State Park: 25 miles

- On-street bike lane
- Shared-use path
- Shared-use path unpaved
- Multi-use, natural surface trail
- Bike dismount zone
- Bus route
- Paved road
- Mid-block pedestrian sidewalks
- Not recommended for biking
- Trailhead or access to trail
- Air pump/maintenance
- Air pump
- Bike shop
- Bus stop
- University of Wyoming
- School/building
- City limits
- Park
- Natural area or open space



**Schoolyard Multi-Use Trails**  
 (Conceptual trail plan. Some trails may not be complete until 2018.)