



# Character Counts

## RESPECT

"R-E-S-P-E-C-T!!! Find out what it means to me???"

We all want a chance to be ourselves, make decisions, be accepted and be treated in a polite, and decent way!

Respectful people give others the information they need to make decisions about their lives.

Respectful people treat others with consideration. They do what is tasteful and proper in dealing with others. They don't stoop to violence, meanness or rudeness.

Respectful people tolerate other people's beliefs and accept individual differences without prejudice. They don't insist that everyone be like them.

Respectful people treat others as they want to be treated. They value others. They build up others. They help other people value themselves.

*Adapted from Josephson Institute Center for Youth Ethics*

### Are You a Respectful Person???? (Take this self-evaluation and decide for yourself.)

True	False	
<input type="checkbox"/>	<input type="checkbox"/>	I treat other people the way I want to be treated.
<input type="checkbox"/>	<input type="checkbox"/>	I am considerate of other people.
<input type="checkbox"/>	<input type="checkbox"/>	I treat people with civility, courtesy, and dignity.
<input type="checkbox"/>	<input type="checkbox"/>	I accept personal differences.
<input type="checkbox"/>	<input type="checkbox"/>	I work to solve problems without violence.
<input type="checkbox"/>	<input type="checkbox"/>	I never intentionally ridicule, embarrass, or hurt others.

I think I am/am not a respectful person because: \_\_\_\_\_

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## Respect in 4-H

### RESPECT ACTIVITY

Have 4-Her's design a "GLURP":

G = Something I'm GOOD at

L = Something I LIKE

U = Something I could do UMPTEEN times

R = Something I do to RELAX

P = Something I'm PROUD of

They can use art, words, or pictures. Allow the 4-Her's to share their GLURP with the group! Be sure 4-Her's speak loudly and clearly and that the group is quiet and respectful as each person shares his/her GLURP!!!

For Character Counts Activities please visit  
[www.4h.uwo.edu](http://www.4h.uwo.edu)

### Showing Respect!!!

- ◆ Treat other with respect; follow the Golden Rule
- ◆ Be tolerant of differences
- ◆ Use good manners, not bad language
- ◆ Be considerate of the feelings of others
- ◆ Don't threaten, hit or hurt anyone
- ◆ Deal peacefully with anger, insults and disagreements