



that's what we're made of

Character Counts

RESPECT

“No one can make you feel inferior without your consent”

~ Eleanor Roosevelt ~

RESPECT—Making Ethical Decisions

People are not things, and everyone has a right to be treated with dignity. We certainly have no ethical duty to hold all people in high esteem, but we should treat everyone with respect, regardless of who they are and what they have done. We have a responsibility to be the best we can be in all situations, even when dealing with unpleasant people.

THINK THE GOLDEN RULE!

The Golden Rule—do unto others as you would have them do unto you - nicely illustrates the Pillar of respect. Respect prohibits violence, humiliation, manipulation and exploitation. It reflects notions such as civility, courtesy, decency, dignity, autonomy, tolerance and acceptance.



Lesson in Respect

It is a widely held belief that in order to get respect, you must first give it. What does this mean to you? How can being civil to everyone be a step forward in earning more respect from your peers?



4-H Roll Call Suggestions

- ◆ Tell what it means to be considerate
- ◆ “I show respect for people when I . . . “
- ◆ “My parents know I respect them when . . . ”
- ◆ Tell how you can show respect in your 4-H Club.

For Character Counts Activities please visit
www.4h.uwo.edu

Respect Activity

Respectful Greetings

Before the 20th century, people commonly addressed one another in a much more formal and respectful manner, one still reflected in the protocols for the US Congress and British Parliament. Even calling people by their first name is a relatively recent development. It used to be considered improper to omit “Miss” or “Mister” when referring to anyone except close friends and relations. These days it is not unusual for students to get each other’s attention by calling them “fool” or worse.

Have members practice respectful greetings for a specified period of time. (We recommend one week minimum.) They must refer to each other using “Miss” or “Mister” and the person’s last name. The leaders should also participate in this exercise. This might seem strange and even comical at first, but in a few days everyone should grow accustomed to it. At the end of the week, have members write a paragraph describing how the courtesy improved the atmosphere of the club and affected their attitude or behavior, if at all.

Source: “More Good Ideas” CHARACTER COUNTS!

Like this activity? Find more like this in the “Good Ideas Book” at your local Extension Office