Choosing Positive Attitudes

• An attitude is an outlook on life, a state of mind that affects the way we interpret facts and events.

• Positive attitudes that produce better relationships and more productive work habits include:

   - Trustfulness
   - Enthusiasm
   - Hopefulness
   - Optimism
   - Generosity
   - Cheerfulness

Live so that when children think of fairness and integrity, they think of you.
— H. Jackson Brown, Jr

Fairness Activity

Fair Treatment (Suggested for all grades)

Materials: Sack of candy

Bring a sack of candy containing 5 less than the total number of students in the class. Pass the sack around and tell everyone they can take one. When the students discover the unfair situation and that there is not enough candy for everyone, discuss the following questions:

1. How did those students that did not get the candy feel? How about those that did?
2. What would be the fair solution to the problem?
3. Can you think of another situation when people might feel left out or rejected?

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