

# Character Counts

## RESPECT

WYOMING  
CHARACTER



*that's what we're made of*

“Always remember that you are absolutely unique.  
Just like everybody else.”  
~ Unknown ~

### Lesson in Respect

Respect is showing others that they are valued for their character and who they are, not what they look like or what they have. Being a respectful 4-H member means that we are courteous, polite and show consideration to others. Respectful people tolerate other people's beliefs and accept individual differences without prejudice or discrimination. It also means that we treat others the way we want them to treat us.

### RESPECT

People of good character are respectful of others. You show respect by recognizing and honoring everyone's right to be themselves, to make decisions and to have privacy and dignity.

- Be courteous and polite
- Be kind and appreciative
- Accept individual differences and don't insist that everyone be like you
- Judge people on their merits

#### 4-H Connections

County fairs and achievement days are lots of fun but they can also be stressful for adults, 4-Her's and family members. Encourage 4-H members to show respect by:

- Waiting their turn in line
- Thanking judges
- Helping younger members who are scared or lost
- Appreciating the work of other 4-H members



For Character Counts Activities please visit  
[www.4h.uwyo.edu](http://www.4h.uwyo.edu)

### Respect Activity

#### You Tear Me Up

**Supplies:** Blank piece of paper for each participant. Give each participant a blank piece of paper. Ask them to work on their own. Explain that no one is allowed to ask or answer questions. When everyone is ready, give the following directions, in order, repeating each direction twice, giving the next direction only when each participant has completed the stated direction (don't move on until everyone is ready).

1. Fold the paper in half and tear off the bottom left hand corner.
2. Fold the paper in half again and tear off the upper right hand corner.
3. Fold the paper in half again and tear off the upper left hand corner.

When every participant is finished, open the papers and compare the results. Snowflakes!

**Talking points:** Every snowflake will look different and we must respect how everyone is different and unique in their own way.