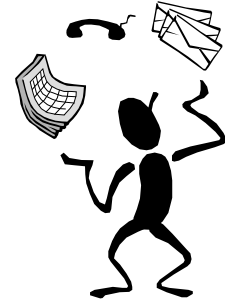




*that's what we're made of*

## Character Counts RESPONSIBILITY



### Are you a Responsible person?

"You can count on me!" How many of us have said that to someone? Do we always mean it? Do we always carry through with what we say we will do? Being dependable and doing what we say we will do and following through on those promises is part of being a responsible person.

Ethical people are responsible. You can count on them to be accountable, show self-restraint and pursue excellence. Here are some examples of how you can be a

responsible person:

- Think before you act.
- Be accountable! Don't blame anyone else for your mistakes.
- Be reliable.
- Set a good example in what you say and do.
- Take the initiative to make your school, organization, home and community better for yourself and others.
- Do your best.
- Finish your work before you play.

*Adapted from Character Counts! by the Josephson Institute.*

### Responsibility in 4-H

**Balloon Activity:** You will learn about "juggling" your responsibilities and the importance of prioritizing your responsibilities.

Each participant take several balloons and blow them up. These balloons represent your "responsibilities" that you currently have in your life. At the count of three, throw all of your balloons in the air and try to keep them from hitting the ground. This is like trying to stay "on top of" your responsibilities. If we have too many balloons in the air at once (or if we have taken on more than we can handle) it may become difficult to not let some of them fall to the ground.

Some questions to consider:

- Is it hard sometimes to keep up on all of our responsibilities? What can we do to help us keep track of all of them?
- Is it okay to just let our responsibilities "drop" and just not do them?
- How can we be more responsible?
- How can we help others be responsible?



#### Clover Connection

**Head** - Be self-disciplined.

**Heart** - Be loyal and do what you say you will do.

**Hands** - Fix your mistakes and clean your own messes.

**Health** - Set a good example and help others to be responsible.