

WYOMING CHARACTER



that's what we're made of

Why Strive to be Trustworthy?

In the old movies, it is always easy to tell who were the "good guys" and the "bad guys." They were easily identified by what they stood for and how they lived their lives. Today, the difference between right and wrong has been grayed by attitudes that say "look out for number 1."

Character Counts Trustworthiness

Trust is the basis of all good relationships and a cornerstone of good character. Trustworthy people keep their promises, they are honest, reliable, and ethical, and they do not inappropriately betray confidence. The most important factor in leadership is trust. Now, more than ever our country is looking for leadership from trustworthy people.

Adapted from: www.wvu.edu/~exten/infores/pubs/ceospub.htm



" Stand up for what you believe in, even if it means standing alone."

Author Unknown

Trustworthiness in 4-H



4-H Club Activity

"Work at Staying Honest"

Objective: Youth will learn that people have to continually work to be Trustworthy

Procedure: 1. To make the "slime," measure 3 spoons of water into the bowl and add 4 or 5 spoons of cornstarch. Mix into a thick, slimy paste. Spoon some slime into your or a child's hand. Quickly roll it into a ball. It should feel solid, but will ooze again when released. 2. Ask: • What happens to the slime when we quit working with it? [It slips through our fingers] • When someone tells you something about another person, do you want to tell others? • What is gossiping? [passing on stories about others] • What can we do to remind ourselves and each other not to pass on untrue or hurtful stories? Since it's easy to want to pass on the stories, we have to remind ourselves not to - like continually working with the slime. We can't forget that we should not pass on stories, especially when they are bad or we don't know if they are true.

Clover Connection

Head - speak honestly

Heart - Be loyal

Hands - Be reliable

Health - Trust is essential to build healthy relationships with those around us.

Like this activity? Find more like it in the "Good Ideas Book" at your local Extension Office