



Crocheting

Learn the proper single crochet to make a usable wash cloth

Time

Time will vary with new beginners. If members have not finished the project at the meeting, they can take it home and work on it.

Materials

- Aluminum crochet hook size H
- Scissors
- Acrylic yarn
- Pattern Instructions for each participant – printed handouts or poster board/ whiteboard.
- Optional: YouTube Video (Computer, projector, speaker, smartphone etc.)
- Optional: Yarn Needle (Is easier for beginners to use).

Space Required

- Room with comfortable chairs

Before the Meeting

Have members bring their supplies or gather enough supplies for every one participating. Make sure there are enough chairs for everyone. Have members wash their hands to keep yarn clean before they start crocheting.



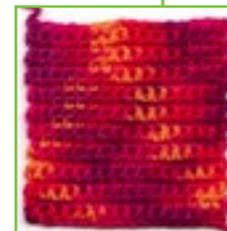
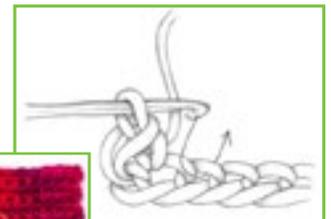
Background

The word Crochet is derived from the Old French *crochet*, a diminutive of *croche*, in turn from the Germanic *croc*, both meaning “hook”. It was used in 17th century French lace making, *crochetage* designating a stitch used to join separate pieces of lace, and *crochet* subsequently designating both a specific type of fabric and the hooked needle used to produce it. (Wikipedia)



Activity Instructions

1. Create a slip knot.
2. Chain 21
3. Turn yarn around skip first chain and start in the second chain.
4. Do 20 single crochets.
5. Chain one at the end of the row
6. Turn yarn around do 20 single crochets for row two.
Make sure you are picking up both sides of the V when crocheting.
7. Complete a total of 20 rows.
8. Cut yarn a couple inches past hook.
9. Yarn over and pull through hole.



Reflect and Apply Questions

1. What stitch did you use while making your wash cloth today?
2. What was the most challenging part when working on your project today?
3. Were your first stitches the same size as stitches later in your washcloth?
4. What can crocheting teach you about the importance of practice?
5. How can you use this skill to help humanitarian needs?



Other Related Resources:

YouTube video on crocheting a wash cloth with a single crochet.
<https://www.youtube.com/watch?v=eqca00LdmAc>



References

4-H Crochet Clubs, Utah State University Extension
YouTube <https://www.youtube.com/watch?v=eqca00LdmAc>
Wikipedia



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Activity I Reflect and Apply Questions

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