



Crocheting

Successfully use a double crochet stitch to make a bow tie.

Time

Time will vary with new beginners. If members have not finished the project at the meeting, they can take it home and work on it.

Materials

- Aluminum crochet hook size I-9
- Scissors
- .05 oz. worsted weight yarn in preferred color
- Measuring tape or Ruler
- Pattern Instructions for each participant – printed handouts or poster board/ whiteboard.
- Optional: YouTube Video (Computer; projector; speaker; smartphone etc.)
- Optional: Yarn Needle (Is easier for beginners to use).

Space Required

- Room with comfortable chairs

Before the Meeting

Have members bring their supplies or gather enough supplies for every one participating. Make sure there are enough chairs for everyone. Have members wash their hands to keep yarn clean before they start crocheting.



Background

Before we can start to make things with crochet stitches, we need to know the name of the stitches and how to recognize them in a pattern. Here are the stitches that we'll use today and their abbreviations.

- CH** Chain
DC Double crochet stitch
HDC Half Double Crochet
TR Triple Crochet
Back Loop- only crochet the back loop of the V.
SLST Slip stitch

The first evidence of crocheting dates back to Europe during the 19th century.



Activity Instructions



1. CH until 3 ½ inches long (or until preferred length)
2. Make HDC in second loop from hook.
3. Continue making HDC across the row. CH 2 and turn.



4. HDC in second loop after chain (CH 2 serves as the first stitch). Repeat steps 2 and 3 until total of 7 HDC rows have been completed.



5. Once the 7th row has been completed, CH 1. Cut yarn, leaving a 20 inch tail. Remove hook and pull yarn through the chain. Pull tightly until a knot is formed.



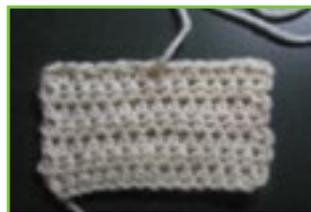
6. Weave tail through the last row until you have reached the center.

7. Fold bow three times like an accordion.

8. Wrap the tail end of yarn tightly around the center until little remains.

9. Pull tightly, then weave tail underneath wrapped section and trim off the ends. (using the needle would work best)

10. Save bow to attach to next lessons activity.





Reflect and Apply Questions

1. What stitch did you use while making your bow tie today?
2. What was the most challenging part when working on your project today?
3. What can crocheting teach you about the importance of patience?
4. How can you use this skill to help you in your everyday life?



Other Related Resources:

YouTube video learn how to Crochet Right hand part 2- Easy Basics Beginner https://www.youtube.com/watch?v=DITdOMTDkug&ebc=ANyPxKq0Kycjar7Ba4clMrhS0z0SJkoEutl6F_wZ6EPBvGNirsBYDDhN58CxAlr-ErBN5UeDFHqhuMSxgeV_DAANce7eVsfu7l



References

Wikipedia
Discover 4-H Crochet Clubs- Utah State University Extension



Crocheting

Learn the proper single crochet to make a usable wash cloth

Activity I Reflect and Apply Questions

1. What stitch did you use while making your bow tie today?
2. What was the most challenging part when working on your project today?
3. What can crocheting teach you about the importance of patience?
4. How can you use this skill to help you in your everyday life?



REFLECT AND APPLY
ANSWER SHEET



UNIVERSITY
OF WYOMING



uwo.edu/uwe