

# 4-H Parent Pledge

I pledge my...

**HEAD** to give my children information I can, to help them see things clearly and to make wise decisions.

**HEART** to encourage and support my child no matter whether they have successes or disappointments.

**HANDS** to help my child's club; if I cannot be a volunteer, I can help in many equally important ways.

**HEALTH** to keep my child strong, and well for a better world through 4-H.

For my child's club, our community, our country, and our world.

