

# Physical Education, AS

## With a Teaching Specialization

(Leading to UW Physical Health Education Teaching, BS)



Casper College

### FRESHMAN YEAR

Fall Semester			Hrs	Spring Semester			Hrs
BIOL	1000	Introduction to Biology	4			Cultural Environment Requirement	3
CO/M	1030	Interpersonal Communication	3			Physical Education Requirement	1
ENGL	1010	English I: Composition	3	ENGL	1020	English II: Composition	3
HLTK	1620	AHA Heart Saver 1st Aid, CPR & AED	0.33	FCSC	1141	Principles of Nutrition	3
MATH	1400	Pre-Calculus Algebra	4	HLED	1006	Personal and Community Health	3
PEPR	1005	Introduction to Physical Education and Sport	2	PYSC	1000	General Psychology	3
<b>TOTAL</b>			<b><u>16.33</u></b>	<b>TOTAL</b>			<b><u>16</u></b>

### SOPHOMORE YEAR

Fall Semester			Hrs	Spring Semester			Hrs
		General Education Requirement	3			General Education Requirement	3
		General Education Requirement	3			<b>OR</b>	
		<b>OR</b>				US & Wyoming Constitution Requirement (3 hrs)	
		US & Wyoming Constitution Requirement (3 hrs)		EDFD	2020	Foundations of Education	3
EDFD	2100	Educational Psychology	3	PEPR	2012	Physical Education for Elementary School	3
ITEC	2360	Teaching with Technology	3	PEPR	2030	Motor Learning	3
ZOO	2040	Human Anatomy	3	PEPR	2460	Field Experience (Physical Education)	0
ZOO	2041	Human Anatomy Lab	1	ZOO	2110	Human Physiology	4
<b>TOTAL</b>			<b><u>16</u></b>	<b>TOTAL</b>			<b><u>16</u></b>

**TOTAL CASPER AS DEGREE HOURS 64\***

Successful completion of the 2+2 plan requires that a student remain continuously enrolled and graduate with the associate's degree from his or her respective community college. • This is a guide for course work in the major; actual course sequence may vary by student. Please refer to the online student degree evaluation. • Not all courses are offered every semester and some electives may have prerequisites. Students should review the course descriptions in the catalogs of their respective institutions and consult with their academic advisor to plan accordingly. • Academic plans and course schedules may need to be altered if ACT or Math Placement scores require a student to take pre-college courses (e.g., MATH 0900, 0921, or 0925) before taking required math or English courses.

#### Casper College requirements:

In order to graduate, students must successfully complete a minimum of 60 approved credit hours, with 15 of the last 30 semester hours completed as a degree-seeking student at Casper College, and with a grade point average of 2.0 or higher in those courses counted toward graduation. • Students must earn at least 24 of the semester credits applied toward graduation through the completion of Casper College coursework, including at least six (6) hours with the desired major. • Only courses numbered 1000 or above can be used toward the degree.

#### University of Wyoming requirements:

Students must have a minimum cumulative GPA of 2.0 to graduate. • Students must complete 42 hours of upper division (3000-level or above) coursework, 30 of which must be from the University of Wyoming. • Courses must be taken for a letter grade unless offered only for S/U.

# Physical Health Education Teaching (K-12), BS



## University of Wyoming

*In the spring semester of the sophomore year, students must make application for admission to the final two years of the Physical Education Teacher Education (PHET) program. Minimum qualifications considered include: completion of coursework specific to the first two years of the program; a minimum gpa of 2.75 (3.0 preferred); completion of 60 contact hours with youth in a movement setting; completion of a written essay; an interview; and a criminal background check. Admission to the PHET program is competitive, and applicants meeting the minimum requirements are not guaranteed admission into the program. The application deadline for a fall semester admission is April 15. A maximum of 20 students are admitted into the program each fall semester.*

### JUNIOR YEAR

Fall Semester			Hrs	Spring Semester			Hrs
KIN	3012	Teaching Laboratory I	3	EDSE	3540	Teach Reading/Study Strategies in Content Areas	3
KIN	3021	Physiology of Exercise	4	<b>OR</b>			
KIN	3034	Lifespan Motor Development	3	Elective ^ (3 hrs) (in either jr or sr spring term)			
KIN	3037	Sport Psychology	3	KIN	3011	Teaching Methods in Physical Education	3
<b>OR</b>				KIN	3015	Teaching Laboratory II	3
KIN	3038	Exercise Physiology (3 hrs)		KIN	3060	Understanding Skill Acquisition for Teaching	3
KIN	3050	Prevention & Care of Athletic Injuries	2	KIN	4055	Adapted Physical Education	2
				KIN	4080	Assessment in Physical Education	C3 3
<b>TOTAL</b>			<b><u>15</u></b>	<b>TOTAL</b>			<b><u>17</u></b>

### SENIOR YEAR

Fall Semester			Hrs	Spring Semester			Hrs
KIN	3042	Biomechanics of Human Movement	3	KIN	4099	Student Teaching in Physical Education ^^	12
KIN	4012	Curriculum Development in Physical Education	3	Elective ^ (in either jr or sr spring term)			3
KIN	4013	School Administration for Health Science	2				
KIN	4017	Teaching Laboratory III	3				
		Elective ^	3				
<b>TOTAL</b>			<b><u>14</u></b>	<b>TOTAL</b>			<b><u>15</u></b>
				<b>TOTAL UW HOURS</b>			<b><u>61</u></b>
				<b>TOTAL UW BS DEGREE HOURS</b>			<b><u>125</u></b>

#### UW College of Health Sciences Notes:

Performance expectations for majors in the College of Health Sciences exceed institutional requirements. Please discuss with an academic advisor to understand the difference. • Admission to the clinical portion of Health Sciences majors is competitive and is not guaranteed even with minimum qualifications. Be prepared to meet and exceed expectations. • Background checks are required at some point within all Health Science majors and careers. Students should understand the long-term ramifications of all decisions and actions early on so as not to jeopardize future academic and career goals.

#### Casper College Physical Education Notes:

\* Does not include the 0.33 credit hours for HLTK 1620 (AHA Heart Saver 1st Aid, CPR & AED).

#### UW Physical Health Education Teaching (K-12) Program Notes:

The Department of Kinesiology and Health Sciences requires 48 hours of upper division (3000- or 4000-level) credit for graduation with degrees in Kinesiology and Health Promotion and Physical Education Teaching. • Students seeking a coaching endorsement should discuss the requirements with their academic advisor. • Program totals more than 120 credit hours due to P.E. accreditation requirements.

# Physical Health Education Teaching (K-12), BS



## University of Wyoming

### UW Physical Health Education Teaching (K-12) Program Notes:

^ Students must complete six (6) credit hours of elected coursework beyond those selected in the freshman/sophomore years. It is recommended that elective courses be selected from those required for the Adapted Physical Education K-12 or Health Education K-12 teaching endorsement areas:

#### *Adapted Physical Education K-12 Endorsement*

EDEX 2484	Introduction to Special Education (3 hrs)
KIN 4065	Resources for Adapted Phys Education (3 hrs)
KIN 4075	Assessment for Adapted Phys Education (3 hrs)

#### *Health Education K-12 Endorsement*

HLED 4025	Teaching Sensitive Issues in Human Sex (3 hrs)
HLED 4110	Teaching Health in Schools K-12 (3 hrs)
HLED 4120	Assessment in School Health Education (3 hrs)
HLED 4130	Mgmt/Coordinated School Health Prog (3hrs)
PSYC 2210	Drugs and Behavior (3 hrs)

^^ Students will complete a 12 hour student teaching experience that includes eight (8) weeks of fulltime teaching at the elementary level and eight (8) weeks of fulltime teaching at the secondary level. • Students must be certified in first aid and CPR prior to enrollment in KIN 4099.