

Physical Health Education Teaching (K-12), BS



University of Wyoming, 2016-17

In the spring semester of the sophomore year, students must make application for admission to the final two years of the Physical Education Teacher Education (PHET) program. Minimum qualifications considered include: completion of coursework specific to the first two years of the program; a minimum gpa of 2.75 (3.0 preferred); completion of 60 contact hours with youth in a movement setting; completion of a written essay; an interview; and a criminal background check. Admission to the PHET program is competitive, and applicants meeting the minimum requirements are not guaranteed admission into the program. The application deadline for a fall semester admission is April 15. A maximum of 20 students are admitted into the program each fall semester.

Freshman Fall Semester				Hrs	Min Grade	Notes
USP First-Year Seminar				3	C	FY
USP US & Wyoming Constitutions				3		V
CHEM	1000	Introductory Chemistry *	4	B	PN; can substitute CHEM 1020 (General Chemistry I) **.	
ENGL	1010	College Composition & Rhetoric	3	C	C1	
MATH	1400	College Algebra *	3	C	Q; can substitute MATH 1405 (Trigonometry) *** or MATH 1450 (Algebra & Trigonometry) *.	
Credit hours subtotal:				16		

Freshman Spring Semester				Hrs	Min Grade	Notes
USP Human Culture				3	C	H
HLED	1006	Personal Health	3			
LIFE	1010	General Biology	4	C	PN	
PSYC	1000	General Psychology	3		H	
STAT	2050	Fundamentals of Statistics	3		Can substitute STAT 2070 (Intro Statistics for Social Sciences).	
Credit hours subtotal:				16		

Sophomore Fall Semester				Hrs	Min Grade	Notes
FCSC	1141	Principles of Nutrition	3			
KIN	2000	Move Core I: Striking/Fielding & Invasion Games	2			
KIN	2003	Move Core IV: Educ Games & Gymnastics	2			
KIN	2004	Move Core V: Fund Motor Skills, Creative Movement & Dance	3			
PHYS	1050	Concepts of Physics	4		Can substitute PHYS 1110 (General Physics I).	
Credit hours subtotal:				14		

Sophomore Spring Semester				Hrs	Min Grade	Notes
KIN	2001	Move Core II: Net & Target Games	2			
KIN	2005	Move Core VI: Phys Fitness & Phys Activity	2			
KIN	2040	Human Anatomy	3		Cross listed with ZOO 2040.	
KIN	2041	Human Anatomy Lab	1		Cross listed with ZOO 2041.	
ZOO	3115	Human Systems Physiology	4			
		Fr/Soph Elective ****	3			
Credit hours subtotal:				15		

This is a guide for course work in the major; actual course sequence may vary by student. Please refer to the online student degree evaluation, and consult with an academic advisor. • Not all courses are offered every semester and some electives may have prerequisites. Students should review the course descriptions in the *University Catalog* and consult with their academic advisor to plan accordingly.

University of Wyoming requirements:

Students must have a minimum cumulative GPA of 2.0 to graduate. • Students must complete 42 hours of upper division (3000-level or above) coursework, 30 of which must be from the University of Wyoming. • Courses must be taken for a letter grade unless offered only for S/U. • University Studies Program (USP) Human Culture (H) and Physical & Natural World (PN) courses must be taken outside of the major subject, but can be cross-listed with the major.

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Junior Fall Semester			Hrs	Min	Grade	Notes
KIN	3012	Teaching Laboratory I	3	C	C2	
KIN	3021	Physiology of Exercise	4			
KIN	3034	Lifespan Motor Development	3	C		
KIN	3037	Sport Psychology	3			Can substitute KIN 3038 (Exercise Psychology).
KIN	3050	Prevention & Care of Athletic Injuries	2			
Credit hours subtotal:			15			

Junior Spring Semester			Hrs	Min	Grade	Notes
		Teaching Reading & Study Strategies in Content Areas	2			
EDSE	3540	Teaching Methods in Physical Education	3	C		
KIN	3011	Teaching Laboratory II	3	C		
KIN	3015	Understanding Skill Acquisition for Teaching	3			
KIN	3060	Adapted Physical Education	2			
KIN	4055	Assessment in Physical Education	3	C	C3	
Credit hours subtotal:			16			

Senior Fall Semester			Hrs	Min	Grade	Notes
KIN	3042	Biomechanics of Human Movement	3			
KIN	4012	Curriculum Development in Phys Education	3			
KIN	4013	School Administration for Health Science	2			
KIN	4017	Teaching Laboratory III	3			
		Elective *****	3			
Credit hours subtotal:			14			

Senior Spring Semester			Hrs	Min	Grade	Notes
KIN	4099	Student Teaching in Physical Education *****	12			
		Elective *****	3			
Credit hours subtotal:			15			

TOTAL CREDIT HOURS: 121

College of Health Sciences Notes:

Performance expectations for majors in the College of Health Sciences exceed institutional requirements. Please discuss with an academic advisor to understand the difference.

- Admission to the clinical portion of Health Sciences majors is competitive and is not guaranteed even with minimum qualifications. Be prepared to meet and exceed expectations.
- Background checks are required at some point within all Health Science majors and careers. Students should understand the long-term ramifications of all decisions and actions early on so as not to jeopardize future academic and career goals.

Physical Health Education Teaching (K-12) Program Notes:

The Department of Kinesiology and Health Sciences requires 48 hours of upper division credit for graduation with degrees in Kinesiology and Health Promotion and Physical Education Teaching.

- Students seeking a coaching endorsement should discuss the requirements with their academic advisor.

* Requires MATH ACT \geq 23, MATH SAT \geq 600, Math Placement Exam \geq 3, or \geq C in MATH 0925. (University standard)

** Requires MATH ACT \geq 23, MATH SAT \geq 600, Math Placement Exam \geq 3, and concurrent enrollment in MATH 1400, 1405, or 1450. (University standard)

*** Requires MATH ACT \geq 25, MATH SAT \geq 600, Math Placement Exam \geq 4, or \geq C in MATH 1400. (University standard)

**** Students taking additional credit hours during the **freshman and sophomore years** should consider taking one or more of the following courses:

EDEX 2484	Introduction to Special Education (3 hrs)	KIN 3060	Understanding Skill Acquisition for Teaching (3 hrs)
KIN 3050	Prevention & Care of Athletic Injuries (2 hrs)	PSYC 2210	Drugs and Behavior (3 hrs)

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Physical Health Education Teaching (K-12) Program Notes con't:

***** Students must complete six (6) credit hours of elected coursework beyond those selected in the freshman/sophomore years. It is recommended that elective courses be selected from those required for the Adapted Physical Education K-12 or Health Education K-12 teaching endorsement areas:

Adapted Physical Education K-12 Endorsement

EDEX 2484	Introduction to Special Education (3 hrs)
KIN 4065	Resources for Adapted Phys Education (3 hrs)
KIN 4075	Assessment for Adapted Phys Education (3 hrs)

Health Education K-12 Endorsement

HLED 4025	Teaching Sensitive Issues in Human Sex (3 hrs)
HLED 4110	Teaching Health in Schools K-12 (3 hrs)
HLED 4120	Assessment in School Health Education (3 hrs)
HLED 4130	Mgmt/Coordinated School Health Prog (3hrs)
PSYC 2210	Drugs and Behavior (3 hrs)

***** Students will complete a 12 hour student teaching experience that includes eight weeks of fulltime teaching at the elementary level and eight weeks of fulltime teaching at the secondary level. • Students must be certified in first aid and CPR prior to enrollment in KIN 4099.