

Pre-Occupational Therapy



University of Wyoming

GENERAL INFORMATION:

- Preprofessional coursework does *not* constitute a major. Preprofessional coursework is completed in addition to that of a declared major in order to enhance the likelihood of acceptance to a professional school and success in a professional degree program.
- Be aware that, for some degrees, it may take *more* than four years to graduate with a bachelor's degree while incorporating preprofessional coursework.
- Students starting in MATH 1400 or higher can complete this plan in four years, with modest modifications. Students starting below MATH 1400 should plan on at least an additional year prior to applying to occupational therapy schools.
- It takes more than a year to apply to occupational therapy school. In order to go directly from an undergraduate degree program to professional program, students must develop a competitive resume and largely complete their prerequisite coursework by the end of their junior year.
- The prerequisite coursework listed below is for general guidance *only*. Specific programs may have additional requirements. Students should carefully research a variety of realistic potential programs to make sure they are meeting both the academic *and* non-academic expectations and requirements of the program.
- Begin working with the Preprofessional Health Advising Office *as soon as possible* to determine a realistic path to professional school. Contact information and an appointment link can be found at uwyo.edu/preprof. For students not in Laramie, phone appointments are welcome.

Freshman Fall Semester

	Hrs	Min Grade	Notes
USP First-Year Seminar	3	C	FY
LIFE 1010 General Biology *	4		PN
MATH 1400 College Algebra **	3		Q
PSYC 1000 General Psychology	3		H
Major Course	3		

Credit hours subtotal: 16

- Contact your preprofessional advisor and arrange your initial meeting with him or her.
- Get involved: volunteer and seek out leadership opportunities.

Winter Break

- Job shadow and/or volunteer in your home community.
- Explore and apply for summer enrichment opportunities.

Freshman Spring Semester

	Hrs	Min Grade	Notes
CHEM 1020 General Chemistry I	4		PN; can substitute CHEM 1000 (Intro Chem), if completed with a grade of B or better.
ENGL 1010 College Composition and Rhetoric	3	C	C1
ZOO 2040 Human Anatomy	3		Cross listed with KIN 2040; must take concurrently with KIN/ZOO 2041.
ZOO 2041 Human Anatomy Lab	1		Cross listed with KIN 2041; must take concurrently with KIN/ZOO 2040.
Major Course	3		

Credit hours subtotal: 14

- Meet with your preprofessional advisor.
- Continue involvement: volunteer and seek out leadership opportunities.

Summer Break

- Engage in activities that make you a stronger candidate, such as job shadowing, working in a health care setting, research, and community service.
- If you are working, consider positions that develop your leadership skills and your abilities to work with a wide variety of people in your community.

Sophomore Fall Semester

	Hrs	Min Grade	Notes
USP US & Wyoming Constitutions	3		V
STAT 2050 Fundamentals of Statistics	4		Can substitute STAT 2070 (Intro Statistics for Social Sciences).
Major Courses	6		
Additional OT requirements	3		Varies depending upon OT programs of interest.

Credit hours subtotal: 16

- Meet with your preprofessional advisor.
- Continue involvement through community service, career exploration, and leadership opportunities.
- Explore or begin research opportunities.

Winter Break

- Job shadow and/or volunteer in your home community.
- Explore and apply for summer enrichment opportunities.

Sophomore Spring Semester

	Hrs	Min Grade	Notes
PHYS 1050 Concepts of Physics	4		
ZOO 3115 Human Systems Physiology	4		
Additional courses required by college, major(s), minor(s), USP, and/or Honors	x		
Remaining prerequisite courses for potential programs	x		

Credit hours subtotal: Variable

- Meet with your preprofessional advisor.
- Continue involvement through community service, career exploration, and leadership opportunities.
- Explore or begin research opportunities.

Summer Break

- Engage in activities that make you a stronger candidate, such as job shadowing, working in a health care setting, research, and community service.
- If you are working, consider positions that develop your leadership skills and your abilities to work with a wide variety of people in your community.

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Junior Fall Semester

	Hrs	Min Grade	Notes
Additional courses required by college, major(s), minor(s), USP, and/or Honors	x		
Remaining prerequisite courses for potential programs	x		
Credit hours subtotal: Variable			
<ul style="list-style-type: none"> Engage in self-assessment to determine if it is realistic to apply next spring/summer. Only apply when you are a solid candidate! Continue involvement in community service, career exploration, research, and leadership opportunities. 			

Winter Break

- Job shadow and/or volunteer in your home community.
- Explore and apply for summer enrichment opportunities.
- Prepare for the GRE and explore potential occupational therapy schools to which to apply.

Junior Spring Semester

	Hrs	Min Grade	Notes
Additional courses required by college, major(s), minor(s), USP, and/or Honors	x		
Remaining prerequisite courses for potential programs	x		
Credit hours subtotal: Variable			
<ul style="list-style-type: none"> If applying to occupational therapy school, continued GRE preparation and other steps towards application. Continue involvement in community service, career exploration, research, and leadership opportunities. 			

Summer Break

- Take the GRE late spring/early summer.
- Begin filling out the Occupational Therapy Centralized Application Service (OTCAS) application as soon as available (June).
- If a Wyoming resident, apply for WICHE residency certification.
- Begin secondary applications.

Senior Fall Semester

	Hrs	Min Grade	Notes
Major Course	3		
Additional courses required by college, major(s), minor(s), USP, and/or Honors	x		
Remaining prerequisite courses for potential programs	x		
Credit hours subtotal: Variable			
<ul style="list-style-type: none"> Continue with secondary applications. Interviews. Continue involvement in community service, career exploration, research, and leadership opportunities. Meet with preprofessional advisor. 			

Winter Break

- If accepted to occupational therapy school, begin arranging for financial aid and housing and making relocation plans.
- If not accepted or if waitlisted, engage in self-evaluation to determine why and if reapplying. Meet with your preprofessional advisor during this process.
- If reapplying, determine a realistic timeline to do so. This may mean spending a year or more to improve your application before reapplying.

Senior Spring Semester

	Hrs	Min Grade	Notes
USP Communication 3	3	C C3	
Additional courses required by college, major(s), minor(s), USP, and/or Honors	x		
Remaining prerequisite courses for potential programs	x		
Credit hours subtotal: Variable			
TOTAL CREDIT HOURS: Variable depending upon selected major			
<ul style="list-style-type: none"> Continue with interviews. Follow up with schools where you interviewed, but have not received a final decision. Continue involvement in community service, career exploration, research, and leadership opportunities. 			

Post Graduation

- If accepted to occupational therapy school, complete all paperwork necessary for admission and financial aid. Relocate to where you will be studying.
- If not admitted to occupational therapy school, follow parallel plans outside of dentistry or take steps necessary to become a viable reapplicant.

Notes

- * Requires MATH ACT ≥ 21 , MATH SAT ≥ 600 , Math Placement Exam ≥ 2 , or $\geq C$ in MATH 0921. (University standard)
- ** Requires MATH ACT ≥ 23 , MATH SAT ≥ 600 , Math Placement Exam ≥ 3 , or $\geq C$ in MATH 0925. (University standard)
- A minimum grade of C is required for the USP First-Year Seminar, USP Communication 1, USP Communication 2, and USP Communication 3 requirements. Other minimum grade requirements will be determined by the academic major a student pursues.