


AlcoholEDU and Haven: What You Need to Know

AWARE Program
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Alcohol Consequences on College Campuses

A National Concern for College Students (and Parents)

In a year...

- 1,825 college student deaths
- 97,000 sexual assaults
- 696,000 assaults
- 4.8 million students report driving while intoxicated
- 19% of college students met the criteria for alcohol abuse or dependence, but only 5% of these students sought treatment.

Sources:
National Institute of Health Publication No. 07-5010. Printed November 2007
National Institute of Alcohol Abuse and Alcoholism (2015)
<http://www.niaaa.nih.gov/alcohol-health/pecial-populations-co-occurring-disorders/college-drinking>




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State of Wyoming Youth Risk Behavior Survey

2015 survey of Wyoming High School 12th graders

BEHAVIOR	WYOMING
Lifetime Alcohol Use	63.8%
Recent (Past 30-Days) Alcohol Use	35.9%
Drinking and Driving (Past 30 days)	9.9%
Riding with a driver who was drinking (Past 30-days)	18.9%
Heavy/Binge Drinking	23.9%
Drank (more than sips) before age 13	11.6%

More information at www.cdc.gov or <http://edu.wyoming.gov/osa/yrbw/>





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What is UW doing?

Alcohol, Wellness Alternatives, Research, & Education (AWARE) Program

- Harm Reduction Approach
 - "Safe, Legal, Responsible"
- Educational services at 3 levels:
 - UW and surrounding community
 - UW student population as a whole
 - Individual student
- UW has received multiple national awards for our work in alcohol abuse prevention

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AlcoholEdu

FOR COLLEGE


Haven

UNDERSTANDING SEXUAL ASSAULT

- Required of ALL UW freshmen and transfer students with less than 60 credit hours
- Online alcohol and sexual assault/relationship violence prevention education programs
- Used by nearly 700 U.S. colleges/universities
- Personalized, interactive program, designed specifically for college students
- Non-opinionated, research based




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Alcohol EDU and Haven Logistics

Part One
Opens **Friday, July 21**
Total estimated time: 3 hours
Deadline: **Friday, August 25**
Students must pass test at end with 75%

Part Two
Email invitation 45 days after completing Part 1
Fifteen minutes
Deadline: **Friday, October 27**



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Incentives and Consequences

- Incentives (prizes) for completing the program on time
- Penalty for not completing program by deadlines: registration hold will be placed on account.



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Research Findings

- UW Freshmen high risk drinkers have decreased from 32% in 2008 to 15% in 2016
- Top 3 reasons for not drinking:
 - I'm going to drive
 - I don't want to spend the money
 - I have other things to do
- Parents who talk to students before they leave for college can have a big impact on social behavior and academic success



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Questions During the School Year

- How are you spending your free time?
- Is the drinking environment what you expected? Why/why not?
- How are you handling the drinking environment?
- What decisions are you making about alcohol?
- What consequences (positive and negative) are you seeing from your choices?



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Any Questions?

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