Health Sciences’ Mission

Is to promote excellence in health and human services through teaching, research and service with special emphasis on Wyoming’s frontier and rural populations. Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity (WHO).
Academic Programs in the College of Health Sciences – are we in the right place?

- Pharmacy
- Nursing – BSN, ReNew and Brand
- Social Work
- Speech, Language and Hearing Sciences
- Kinesiology and Health
  - includes Physical Education
- Dental Hygiene with Sheridan College
- Medical Laboratory Science with Casper College
- Minors in Disabilities and Aging Studies
- PreProfessional Health Advising (medicine, dental, optometry, podiatry, occupational or physical therapy, physician's assistant,...)

Schedule

- Navigating Your Health Science Degree
  - Course sequencing
  - Admissions to clinical programs
- Advising
  - Now and in the future
  - Using your advisor
- Non-academic issues
  - Getting involved and committing to college
  - Background checks and life choices
- Questions?
How Health Science Degrees work:

• Complete prerequisites
  – Two or more years
  – Bachelors degree required for most masters or doctoral degrees

• Develop a competitive resume
  – Work on this while doing prereqs.

• Apply to programs

• Pass background checks

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How Health Science Degrees work:

• Pharmacy – 2+ years then doctorate

• Nursing, Kinesiology, Physical Education, Social Work, Med. Tech. and Dental Hygiene – 2+ years then apply to complete bachelors

• Medicine, Dentistry, Optometry Occupational & Physical Therapy, Physician’s Assistant, Communication Disorders – bachelors and then professional school
Entrance Requirements

• Specific prerequisite coursework
• Academic standards – entrance exams and high GPA’s (especially in science courses)
• Communication skills -- interviews and personal statements
• Observation and/or work experience in health field
• Code of ethics
• Background checks

Entrance Requirements

• Background checks & drug tests are a way of life in health care (and increasingly elsewhere)
• You will need to pass them to volunteer, work, train and be educated in healthcare – choose your friends, roommates, significant others and situations wisely!
AlcoholEDU and Sexual Assault Prevention Programs

- To help empower you to make better decisions you will need to complete two online programs.
- SAPU provides information about healthy relationships, the importance of consent, how to help a friend, and creating a safe, positive campus.
- Courses open July 23, 2018. Deadline to complete Part 1 of both programs is August 24 and the Part 2 is October 26.
  - You will not be able to register for spring until completed.
- Questions? Visit their resource fair table.
- Parents will learn more about the program tomorrow morning.

Entrance Expectations – higher than entry requirements

- Academic excellence – published minimums (2.75 GPA) are rarely adequate – often need to be much higher for consideration
- Demonstrated ability to work with diverse populations – age, education level, race/ethnicity, gender identity, disability status, religion,…
- Leadership skills
- Service orientation
- Excellence in something – community service and involvement, research, leadership, art, music,…
What sort of classes am I going to take?

• Departments will provide curriculum tomorrow
• Various set of requirements to fulfill
  – University Studies Program
  – Major requirements
    • Focus on program prerequisites
    • Observe course prerequisites and sequencing

What sort of classes am I going to take?

• And Additional Considerations for some of you
  – Minors?
  – Professional School Prereqs?
  – 2nd Major?
  – Honors?
  – ROTC?
  – Study Abroad?
  – Plan ahead to accommodate your interests!
University Studies Program

- Our general education requirements – known as USPs
- Not set classes, but categories that can be fulfilled in a variety of ways.
- Most 1st semester courses fulfill USPs

A Chance to Explore

- Since most introductory classes fulfill USPs -- students can explore various majors “risk free”.
- Don’t be afraid to be undeclared or change a major – most students do!
Major, Minor, Honors, ROTC Requirements

• You will receive degree information tomorrow at advising.
• Contact appropriate departments for additional information at tomorrow’s resource fair.

Prerequisites

• Many courses will have prerequisites.
• Admissions to most health care fields will have prerequisites
• Sometimes there are chains of prerequisites
• Start work on prerequisites 1st, so that you don’t get stuck later.
Prerequisites - example

• Pharmacy school requires Biochemistry.
  — To take that you must first complete Chem. I, Chem II, O-Chem I in order. It’s preferred to do O-Chem II as well.
• Also, students need to have math equal to College Algebra to start Chemistry.
• Delay on this sequence = no academic progress towards pharmacy!

Resources for planning your schedule

• Catalog
  — Prerequisites
  — Course Descriptions
  — Policies and regulations
• WyoWeb – online student information system – you will learn how to use it tomorrow
• Advisors
• Department websites
This sounds like a lot!

- It is! – But a lot of help is also available.
- Tutoring
- Professor’s Office Hours
- Academic Advisors
- Clubs and Organizations
- Student Support Offices

Use what you pay for!

- Tutoring and other academic resources are provided by your tuition and fees.
- You don’t pay when you go, because you’ve already paid!
Who are these advisors?

• Don’t wait until it’s time to sign up for classes to get to know them!
  – Professional staff advisors
  – Faculty advisors

A+ Advising
You and your adviser(s)

• Decision making process involving a partnership
  – Privacy laws limit our ability to communicate with others about you (FERPA)
• Make regular appointments
• Be informed – ask questions
• Receive new PERC number each semester
What you can expect from advisors

- Assistance in selecting classes
- Help in understanding requirements and your situation
- Information about campus opportunities
- Information concerning sources for assistance
- Reasonably prompt answers to questions and concerns

How does Advising Work?

- How does advising work?
- Tomorrow – group advising
- Meet with your advisor when you come to campus (August/September)
- In the future – individual advising
  – October/November for spring
  – March/April for fall
Orientation Advising

- Come prepared!
  - Lists of college classes taken while in high school - VITAL
  - AP/CLEP/IB courses and tests
  - Minor/Honors/ROTC information
  - Will you take the language or math placement tests in the near future?
  - Bring advising packet - VITAL

Future Advising

- Meet with your advisor early to learn about opportunities and make sure you are set
- Must meet with advisor to get PERC (registration code) to register
- Student is responsible to bring a proposed schedule
- Chance to discuss plans and challenges
Commit to College!

• Students who take 14-16 credits (full load)
  – Graduate faster (and are more likely to do so)
  – Do better in classes
  – Are less likely to run out of financial aid
  – Have more years of work
  – Develop better study and time management skills!

Commit to College!

• Health Professions Admissions Committees look at more than grades – give them something to see
• Students who are involved in extracurricular activities and spend weekends on campus are more likely to succeed academically.
Commit to College!

• Behaviors of successful students include
  – Actively participating in class
  – Seeking help before problems get out of hand (academic and personal)
  – Planning ahead to take advantage of opportunities
  – Reading -- for class and beyond

Commit to College!

• Most health science degrees require several natural science and math courses (Social Work is the exception).
• Successful Health Science students take 2 or 3 math/science courses every semester.
Commit to College!

• Check your UW Email
  – It’s how we communicate with you.
  – *Students are responsible for messages sent to their UW email.*
  – Disable “clutter” to see messages.
• Check your grades via WyoWeb
  – Midterms and Early Alert – alerts us to struggles and
  – Final Grades

Note – Bridge Program

• If you are in the Bridge Program – you will be advised by ACES today
• Be sure to talk to your intended major in the fall to learn more about your program!
Questions?