

College Connect

Summer 2018



**“Learning is not
attained by chance,
it must be sought
for with ardor and
attended to with
diligence.”**

**Abigail Adams
1780**



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Health Sciences' Mission

Is to promote excellence in health and human services through teaching, research and service with special emphasis on Wyoming's frontier and rural populations. Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity (WHO).



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Academic Programs in the College of Health Sciences – are we in the right place?

- Pharmacy
- Nursing – BSN, ReNew and Brand
- Social Work
- Speech, Language and Hearing Sciences
- Kinesiology and Health
 - includes Physical Education
- Dental Hygiene with Sheridan College
- Medical Laboratory Science with Casper College
- Minors in Disabilities and Aging Studies
- PreProfessional Health Advising (medicine, dental, optometry, podiatry, occupational or physical therapy, physician's assistant,...)



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Schedule

- Navigating Your Health Science Degree
 - Course sequencing
 - Admissions to clinical programs
- Advising
 - Now and in the future
 - Using your advisor
- Non-academic issues
 - Getting involved and committing to college
 - Background checks and life choices
- Questions?



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How Health Science Degrees work:

- Complete prerequisites
 - Two or more years
 - Bachelors degree required for most masters or doctoral degrees
- Develop a competitive resume
 - Work on this while doing prereqs.
- Apply to programs
- Pass background checks



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How Health Science Degrees work:

- Pharmacy – 2+ years then doctorate
- Nursing, Kinesiology, Physical Education, Social Work, Med. Tech. and Dental Hygiene – 2+ years then apply to complete bachelors
- Medicine, Dentistry, Optometry Occupational & Physical Therapy, Physician's Assistant, Communication Disorders – bachelors and then professional school



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Entrance Requirements

- Specific prerequisite coursework
- Academic standards – entrance exams and high GPA's (especially in science courses)
- Communication skills -- interviews and personal statements
- Observation and/or work experience in health field
- Code of ethics
- Background checks



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Entrance Requirements

- Background checks & drug tests are a way of life in health care (and increasingly elsewhere)
- You will need to pass them to volunteer, work, train and be educated in healthcare – choose your friends, roommates, significant others and situations wisely!



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AlcoholEDU and Sexual Assault Prevention Programs

- To help empower you to make better decisions you will need to complete two online programs.
- SAPU provides information about healthy relationships, the importance of consent, how to help a friend, and creating a safe, positive campus.
- Courses open July 23, 2018. Deadline to complete Part 1 of both programs is August 24 and the Part 2 is October 26.
 - You will not be able to register for spring until completed.
- Questions? Visit their resource fair table.
- Parents will learn more about the program tomorrow morning.



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Entrance Expectations – higher than entry requirements

- Academic excellence – published minimums (2.75 GPA) are rarely adequate – often need to be much higher for consideration
- Demonstrated ability to work with diverse populations – age, education level, race/ethnicity, gender identify, disability status, religion,...
- Leadership skills
- Service orientation
- Excellence in something – community service and involvement, research, leadership, art, music....



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What sort of classes am I going to take?

- Departments will provide curriculum tomorrow
- Various set of requirements to fulfill
 - University Studies Program
 - Major requirements
 - Focus on program prerequisites
 - Observe course prerequisites and sequencing



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What sort of classes am I going to take?

- And Additional Considerations for some of you
 - Minors?
 - Professional School Prereqs?
 - 2nd Major?
 - Honors?
 - ROTC?
 - Study Abroad?
 - Plan ahead to accommodate your interests!



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University Studies Program

- Our general education requirements – known as USPs
- Not set classes, but categories that can be fulfilled in a variety of ways.
- Most 1st semester courses fulfill USPs



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A Chance to Explore

- Since most introductory classes fulfill USPs -- students can explore various majors “risk free”.
- Don’t be afraid to be undeclared or change a major – most students do!



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Major, Minor, Honors, ROTC Requirements

- You will receive degree information tomorrow at advising.
- Contact appropriate departments for additional information at tomorrow's resource fair.



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Prerequisites

- Many courses will have prerequisites.
- Admissions to most health care fields will have prerequisites
- Sometimes there are chains of prerequisites
- Start work on prerequisites 1st, so that you don't get stuck later.



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Prerequisites - example

- Pharmacy school requires Biochemistry.
 - To take that you must first complete Chem. I, Chem II, O-Chem I in order. It's preferred to do O-Chem II as well.
- Also, students need to have math equal to College Algebra to start Chemistry.
- Delay on this sequence = no academic progress towards pharmacy!



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Resources for planning your schedule

- Catalog
 - Prerequisites
 - Course Descriptions
 - Policies and regulations
- WyoWeb – online student information system – you will learn how to use it tomorrow
- Advisors
- Department websites



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This sounds like a lot!

- It is! – But a lot of help is also available.
- Tutoring
- Professor's Office Hours
- Academic Advisors
- Clubs and Organizations
- Student Support Offices



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Use what you pay for!

- Tutoring and other academic resources are provided by your tuition and fees.
- You don't pay when you go, because you've already paid!



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Who are these advisors?

- Don't wait until it's time to sign up for classes to get to know them!
 - Professional staff advisors
 - Faculty advisors



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A+ Advising

You and your adviser(s)

- Decision making process involving a partnership
 - Privacy laws limit our ability to communicate with others about you (FERPA)
- Make regular appointments
- Be informed – ask questions
- Receive new PERC number each semester



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What you can expect from advisors

- Assistance in selecting classes
- Help in understanding requirements and your situation
- Information about campus opportunities
- Information concerning sources for assistance
- Reasonably prompt answers to questions and concerns



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How does Advising Work?

- How does advising work?
- Tomorrow – group advising
- Meet with your advisor when you come to campus (August/September)
- In the future – individual advising
 - October/November for spring
 - March/April for fall



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Orientation Advising

- Come prepared!
 - Lists of college classes taken while in high school - VITAL
 - AP/CLEP/IB courses and tests
 - Minor/Honors/ROTC information
 - Will you take the language or math placement tests in the near future?
 - Bring advising packet - VITAL



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Future Advising

- Meet with your advisor early to learn about opportunities and make sure you are set
- Must meet with advisor to get PERC (registration code) to register
- Student is responsible to bring a proposed schedule
- Chance to discuss plans and challenges



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Commit to College!

- Students who take 14-16 credits (full load)
 - Graduate faster (and are more likely to do so)
 - Do better in classes
 - Are less likely to run out of financial aid
 - Have more years of work
 - Develop better study and time management skills!



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Commit to College!

- Health Professions Admissions Committees look at more than grades – give them something to see
- Students who are involved in extracurricular activities and spend weekends on campus *are more likely to succeed academically.*



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Commit to College!

- Behaviors of successful students include
 - Actively participating in class
 - Seeking help before problems get out of hand (academic and personal)
 - Planning ahead to take advantage of opportunities
 - Reading -- for class and beyond



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Commit to College!

- Most health science degrees require several natural science and math courses (Social Work is the exception).
- Successful Health Science students take 2 or 3 math/science courses *every* semester.



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Commit to College!

- Check your UW Email
 - It's how we communicate with you.
 - *Students are responsible for messages sent to their UW email.*
 - Disable "clutter" to see messages.
- Check your grades via WyoWeb
 - Midterms and Early Alert – alerts us to struggles and
 - Final Grades



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Note – Bridge Program

- If you are in the Bridge Program – you will be advised by ACES today
- Be sure to talk to your intended major in the fall to learn more about your program!



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Questions?



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