AWARE Program in partnership with the Wyoming Liquor Division

Goals for Today

- To educate, motivate, and empower you to take action in situations where help is needed.
- In other words...DO SOMETHING!
What is a bystander?

- A person who witnesses an event or incident but does not take part
- Bystander Effect

Bystander effect

https://www.youtube.com/watch?v=KlvGlwlciuw
Conformity

https://www.youtube.com/watch?v=o8BkzvP19v4

What is Bystander Intervention?

• “The idea behind bystander intervention is basically that from time to time we all find ourselves in situations where we witness troubling and potentially harmful behavior, and at that moment we have the choice to either interrupt the problematic behavior or remain complacent and allow the situation to escalate.”
The Step UP! Model

- Notice the Event
- Interpret it as a problem
- Assume personal responsibility
- Know how to help
- Implement the help – Step UP!

https://www.youtube.com/watch?v=Ahg6qcgoy4

Latane and Darley
Step Up! Full Training

- August 27th at Cowboy Connect
- Strategies
- Why people help/don’t help
- Resources
Thank You!
Want to know more? Email us at aware@uwyo.edu