AlcoholEDU and SAPU: What you need to know
Alcohol Consequences on College Campuses

A National Concern for College Students (and Parents)

In a year...

- 1,825 college student deaths
- 97,000 sexual assaults
- 696,000 assaults
- 4.8 million students report driving while intoxicated
- 19% of college students met the criteria for alcohol abuse or dependence, but only 5% of these students sought treatment.

Sources:
National Institute of Alcohol Abuse and Alcoholism (2015)
## Prevention Needs Assessment Survey
2018 survey of Wyoming High School 12th graders

<table>
<thead>
<tr>
<th>BEHAVIOR</th>
<th>WYOMING</th>
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<tbody>
<tr>
<td>Lifetime Alcohol Use</td>
<td>65.6%</td>
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<tr>
<td>Recent (Past 30-Days) Alcohol Use</td>
<td>39.2%</td>
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<tr>
<td>Heavy/Binge Drinking</td>
<td>23.4%</td>
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<td>Drank (more than sips) before age 13</td>
<td>15.7%</td>
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More information at [www.pnasurvey.org](http://www.pnasurvey.org)
What is UW doing?

Alcohol, Wellness Alternatives, Research, & Education (AWARE) Program

- Harm Reduction Approach
  - “Safe, Legal, Responsible”

- Educational services at 3 levels:
  - UW and surrounding community
  - UW student population as a whole
  - Individual student

- UW has received multiple national awards for our work in alcohol abuse prevention
● Required of ALL UW freshmen and transfer students with less than 60 credit hours
● Online alcohol and sexual assault/relationship violence prevention education programs
● Used by nearly 1,700 U.S. colleges/universities
● Personalized, interactive program, designed specifically for college students
● Non-opinionated, research based
Alcohol EDU and SAPU Logistics

● Part One
  ● Opens **Monday, July 22nd**
  ● Total estimated time: 3 hours
  ● Deadline: **Friday, August 30th**
  ● Students must pass test at end with 75%

● Part Two
  ● Email invitation 45 days after completing Part 1
  ● Total estimated time: 15 minutes
  ● Deadline: **Friday, October 25th**
Incentives and Consequences

- Incentives (prizes) for completing the courses on time
- Penalty for not completing the courses by deadlines: registration hold will be placed on account.
Research Findings

● UW Freshmen high risk drinkers have decreased from 32% in 2008 to 16% in 2018

● Top 3 reasons for not drinking:
  ● I’m going to drive
  ● I don’t want to spend the money
  ● I have other things to do

● Parents who talk to students before they leave for college can have a big impact on social behavior and academic success
Questions During the School Year

- How are you spending your free time?
- Is the drinking environment what you expected? Why/why not?
- How are you handling the drinking environment?
- What decisions are you making about alcohol?
- What consequences (positive and negative) are you seeing from your choices?
Any Questions?

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