STUDENT HEALTH 101 MAGAZINE

Student Health 101 is an interactive online magazine for UW students with the goal of actively promoting better health across campus. Students can read this electronic journal to learn more about relevant health topics including diet and nutrition, alcohol and other drugs, developing positive relationships, exercise, stress management and altogether staying healthy. The magazine is delivered monthly to students via their UW email account. Students can also submit videos and articles for local or national publication in the magazine. The end result is a healthier, more informed student body here at UW.

View the current issue: http://readsh101.com/uwyo.html

For more information, contact aware@uwyo.edu.

MEET YOUR 2015 ORIENTATION LEADERS

Name: Clay Andersen
Hometown: Minden, NE
Major: Elementary Education
Advice: (1) Go to class; (2) Visit professor office hours; (3) Learn to turn a paragraph into a page; (4) Always be professional; (5) College is the foundation of your future—take it seriously.

Name: Anna Fasken
Hometown: Pinedale, CO
Major: Music Education
Advice: Don’t be afraid to go outside of your comfort zone, whether it be joining ASUW, going on an outdoor adventure, joining a club or simply making new friends.

Name: Brandon Fritz
Hometown: Eaton, CO
Major: Microbiology/Molecular Biology
Advice: The most important advice I can give to incoming freshmen is to go to class. It is pivotal even for classes that you understand completely.

Name: Kindal Mark
Hometown: Denver, CO
Major: Psychology
Advice: Throughout college, you are going to grow and develop into an independent young person with ambitions, goals, and dreams that you may never have imagined you’d have when you first began your time here at UW. Embrace the journey!

Name: Sarah Maze
Hometown: Ranchester, WY
Major: Physiology & Spanish
Advice: Try something new! Life begins at the end of your comfort zone.
MEET YOUR 2015 ORIENTATION LEADERS (CONT.)

Name: Jessica Papke
Hometown: Lakewood, CO
Major: Pharmacy
Advice: “I would rather have a mind opened by wonder than closed by belief.” —Gerry Spence

Name: Henry Rawlings
Hometown: Parkman, WY
Major: Economics/Global & Area Studies
Advice: “Your character, a little dedication, and a good amount of integrity will get you farther in life than an A in Biology 1010.”

Name: Victoria VanHorn
Hometown: Casper, WY
Major: Education English
Minor: Disability Studies
Advice: Try new things! Join a club or an organization just for fun and to meet new people. It may end up being one of the best decisions you make during your college years.

Name: Katy Wells
Hometown: Cheyenne, WY
Major: Communication
Minor: Global & Area Studies/Business Management
Advice: “Your college experience is ultimately up to you—so make the most of it. Get involved, meet new people and never underestimate your potential.”

Name: Susan Schmidt
Hometown: Albin, WY
Major: Molecular & Micro Biology
Advice: “Don’t forget to get involved early. This will help lay a foundation within a community, meet lifelong friends, experience new things, and set you up for future opportunities.”

Name: Braydon Vogel
Hometown: Hoven, SD
Major: Communications/Marketing
Minor: Economics
Advice: “You will get knocked down in college, that’s why they have weed-out classes - it is not how you stand up after getting knocked down, it is how you take your first step forward.”

Name: Danielle Wood
Hometown: Nederland, CO
Major: English Secondary Education
Advice: “Follow your heart and trust your gut!”
Dear Incoming Students:

I’m delighted to welcome you to the University of Wyoming as we approach the start of its 129th academic year!

You will join 10,000 other students coming to Laramie from all 50 states and more than 65 foreign countries. As a UW student, you will be an integral part of this exciting and challenging academic community. Your presence invigors and enriches us all, and we are looking forward enthusiastically to your arrival.

We at UW are committed to making your experience here as valuable and transformative as possible. I think you’ll find that we extend every effort to make you feel at home, and that your physical and social well-being are very important to us. We do our best to provide a supportive environment in which you can pursue your academic and personal goals. Our faculty is committed to your future, and our staff is ready to assist with any issues and concerns that may arise. You owe it to yourselves to take advantage of all of the resources about which you learn during the orientation sessions.

But… know also that we expect you to challenge yourselves to be the best that you can be, both in and out of the classroom. When you leave UW, we want you to be prepared to excel in an increasingly competitive global environment, and confident that there are no limits to what you can learn and do. Your UW experience can give you the tools to achieve great success. How much success, however, will depend primarily on your personal sense of responsibility, perseverance, determination and maturity while you are here at UW, and after you leave.

UW’s history is a proud one. The vitality and enthusiasm of this special community keep our institution young and dynamic. The accomplishments of our faculty and alumni are recognized worldwide. You are now a part of this tradition, and a major contributor to its vitality.

While the cost of attending college has risen dramatically in the last decade across the country, UW’s undergraduate tuition for Wyoming residents remains the lowest among public universities in the nation, and nonresident tuition is near the lowest. That’s due in large part to the extraordinary support of Wyoming’s elected officials, who fund the state’s only university at the highest level in the United States. You are the beneficiaries of this financial support, and also of the industries and individuals who make it possible.

Appropriations by elected officials, combined with the generosity of private donors, have transformed UW’s campus in the last decade. More than one million square feet of new, state-of-the-art spaces for instruction and research have been added, and more facilities improvements are on the way. This year, you will study in the brand-new Michael B. Enzi STEM Facility. You will have the opportunity to work out and enjoy the newly expanded and renovated Half Acre Recreation and Wellness Center. You will perform and watch others perform in an improved Buchanan Center for the Performing Arts. You will have an opportunity to welcome family and other visitors to our new Marian H. Rochelle Gateway Center.

In addition to facilities improvements, there have been investments in UW’s programs in energy, engineering, health sciences, business, life sciences, education, computational sciences and study abroad that will enhance your experience here—and lift the university to new heights of teaching and research excellence.

It truly is an exciting time to be part of UW. I strongly urge you to take advantage of the literally hundreds of opportunities available on campus and in the Laramie community that can help you achieve your academic goals, develop your personal talents, and enjoy your time at UW.

President John Kennedy, addressing my own generation when I was your age, laid down a challenge to us by saying, “Of those to whom much is given, much is required.” I make that same challenge to you now. UW expects each of you to strive to make the most of the opportunities that you are offered here. You should expect no less of yourselves, and of your fellow students.

For the rest of your lives, few of you will ever again have an opportunity to develop your minds and talents that equals the one before you here and now. You owe it to yourselves, your state and your nation to make the most of it.

On behalf of all UW faculty and staff, I offer each of you best wishes for an exciting and productive academic year!

Sincerely,

[Signature]

Michael C. McGinity
President

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**ROOM AND BOARD BREAKDOWN: ANTICIPATED COSTS**

<table>
<thead>
<tr>
<th>RESIDENCE HALL ROOM CHARGES (Per Academic Year, i.e. Fall &amp; Spring Semesters Combined)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Standard Double</td>
</tr>
<tr>
<td>Small Single (Washakie Halls)</td>
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<tr>
<td>Queen Single (Hall Hill), or Double as Single</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>BOARD CHARGES (Per Academic Year, i.e. Fall &amp; Spring Semesters Combined)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unlimited access plan**</td>
</tr>
<tr>
<td>Any 15 access plan **</td>
</tr>
<tr>
<td>Any 12 access plan**</td>
</tr>
</tbody>
</table>

**Residents of White, Downey, McIntyre, Orr and Hill halls must select one of these Dining Plans.**

**COSTS OF ATTENDANCE: TUITION, FEES AND EXPENSES**

<table>
<thead>
<tr>
<th>Anticipated Annual Cost of Attendance</th>
<th>Undergraduate Resident</th>
<th>Undergraduate Non-Resident</th>
<th>Children of UW Alumni</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuition &amp; Fees**</td>
<td>$4,891</td>
<td>$15,638</td>
<td>$6,676</td>
</tr>
<tr>
<td>Room &amp; Board**</td>
<td>$10,037</td>
<td>$10,037</td>
<td>$10,037</td>
</tr>
<tr>
<td>Books and Supplies (est.)</td>
<td>$1,200</td>
<td>$1,200</td>
<td>$1,200</td>
</tr>
<tr>
<td>Travel (est.)</td>
<td>$840</td>
<td>$840</td>
<td>$840</td>
</tr>
<tr>
<td>Personal Expenses (est.)</td>
<td>$2,200</td>
<td>$2,200</td>
<td>$2,200</td>
</tr>
</tbody>
</table>

TOTAL $19,168 $29,908 $20,953

*Tuition & Fees based on 15 credits per semester

**Room & Board based on standard double occupancy room and unlimited meal plan

**SCHOLARSHIPS: WHERE DO I FIND THEM?**

www.uwyo.edu/admissions/scholarships/index.html

Note: “Competitive Scholarships” has the majority of the scholarships broken down by College/Department. Scholarship deadlines vary; check the individual scholarship information to find them.

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**COWBOY CONNECT**

Participate in Cowboy Connect!
All first-year students attend this three-day program before the start of classes.
Thursday, August 27 – Saturday, August 29.
More details to come!
STUDENT FINANCIAL AID

Student Financial Aid
Knight Hall Rm. 174
Phone: (307) 766-2116
www.uwyo.edu/sfa
Email: finaid@uwyo.edu

Applying for financial aid may seem like a complex and involved process and you may have several questions. Here are some answers to get you started on the right path.

How much money do I need for a year at UW?
Details at: www.uwyo.edu/sfa/cost_of_attendance
Charges Paid to UW: Tuition, fees, room and board, (Cashier) books and supplies (Bookstore)
Other Student Costs: Transportation, personal (not paid to UW)

Where does the money come from to pay for college?
Use as many resources as you can find: student work, savings, family assistance, scholarships from multiple places, federal grants, loans, veteran benefits, and discounts. Ask SFA for assistance.

How, when, and where do I apply for scholarships?
Each scholarship has its own deadline and application process. Apply early! Plan ahead for future years! UW scholarship deadlines occur December 1 – March 1; Explore scholarships at www.uwyo.edu/sfa

How, when, and where do I apply for grants and loans?
Complete the Free Application for Federal Aid at https://fafsa.ed.gov Check your WyoWeb checklist for additional steps. Do not forget to ask SFA questions if you do not understand the next steps!!

How do I find out what money is awarded to me?
If you apply, expect a reply! Awards are online through WyoWeb at http://wyoweb.uwyo.edu Expect to receive emails through your UW email account to guide you through the processes. Check often. Ask questions. Follow Instructions. Please Read SFA Emails!! This is a common mistake YOU can avoid!!

How do I receive awarded money to pay my student bills?
Awards you receive will transfer to your student account (bill) and pay toward the amount you owe UW. Watch the process through WyoWeb. Timing is critical. Ask SFA if you have questions, please!!

Who can help me if I have more financial questions?
Ask the experts - Student Financial Aid specialists are ready to answer your questions and more . . Just ask us! uwyo.edu/sfa; finaid@uwyo.edu; 307-766-2116; 307-766-3800(fax); Knight Hall Room 174

ACCOUNTS AND BILLING DEADLINES

Accounts Receivable
Knight Hall Rm. 172 (small office in the corner between Cashiers and Financial Aid)
Phone: (307) 766-6232
www.uwyo.edu/fsbo/
Email: acctrecv@uwyo.edu

Students are billed monthly throughout the year for charges made to their student account. Charges may include: tuition, mandatory fees, course and delivery fees, interest and payment plan fees, housing, room and board, University Store, student health and other miscellaneous charges. All billing statements are representative of a single point in time and do not reflect undisbursed financial aid.

The WyoWeb “My Account” channel reflects account information current through the previous business day's transaction.

<table>
<thead>
<tr>
<th>FALL 2015</th>
<th>DUE DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Billing Statement (100% due or 1/3 of total charges if enrolled in payment plan)</td>
<td>September 18, 2015</td>
</tr>
<tr>
<td>2nd Billing Statement (1/2 of remaining charges if enrolled in payment plan)</td>
<td>October 9, 2015</td>
</tr>
<tr>
<td>3rd Billing Statement (all remaining charges due)</td>
<td>October 30, 2015</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SPRING 2016</th>
<th>DUE DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Billing Statement (100% due or 1/3 of total charges if enrolled in payment plan)</td>
<td>February 12, 2016</td>
</tr>
<tr>
<td>2nd Billing Statement (1/2 of remaining charges if enrolled in payment plan)</td>
<td>March 4, 2016</td>
</tr>
<tr>
<td>3rd Billing Statement (all remaining charges due)</td>
<td>March 25, 2016</td>
</tr>
</tbody>
</table>

Deadlines are strictly enforced, for questions and detailed information call (800) 370-3188.

Personal checks that are accepted by any unit of the University and are returned by the student's bank unpaid are subject to a service charge on the Statement of Account. In addition, with a third returned check, the student may be placed on the Revoked Check Privileges Listing after which only cash or certified fund will be accepted. The service charge is subject to change without prior notification whenever conditions necessitate.

Credit balance refunds, 1098-T forms and other important correspondence are mailed to the student's "Mailing Address." To ensure prompt delivery of important information please update addresses as necessary. Addresses can be viewed and updated through WyoWeb. If you have questions regarding addresses contact the Registrar's Office for assistance.
FEDERAL PERKINS LOANS

Student Financial Operations maintains the Federal Perkins Loan accounts. If you are awarded a Federal Perkins Loan by Student Financial Aid you will need to accept this loan on WyoWeb, print the Federal Perkins Master Promissory Note and Information Sheet, and either bring it or mail it to Student Financial Operations.

There will be 5 pages: 4 of the Promissory Note and 1 Information Sheet. Please return all 5 pages completed in blue or black ink. All other colors will not be accepted. Reference should not be living at the same address and may not be student, faculty or staff. You may print your Master Promissory Note and Information Sheet from the Student Financial Operations website under Forms for Perkins Loans.

Why would you want a Federal Perkins Loan? A Perkins Loan has a fixed interest rate of 5%. That means that the interest rate does not go up or down. The loan has a longer grace period of 9 months versus your Stafford loans at 6 months. If you graduate in certain fields you may be eligible for total cancellation of the loan. For example if you are a teacher in science, math, foreign language, or special education, if you teach in a Title 1 school, if you are in law enforcement, a fire fighter, librarian, nurse, med tech, dental hygienist, an attorney working for the government, or a social worker, cancellation could be an option. If you are going into one of these fields, please request a Federal Perkins Loan when working on your Financial Aid package.

Perkins Loans are housed at the school where they originate so you will be working with our office for a long time and we are here to help you in any way we can. The Perkins loan will not be automatically consolidated with your Stafford loans when you graduate. When you enter repayment there are several options if you are having trouble making your payment.

SHORT TERM EMERGENCY LOANS

We also handle short term emergency loans. If you have expenses you need to meet and experience a delay in your financial aid please talk to us and we may be able to help. We have two types of short term loans available: short term advances on your financial aid and standard short term loans against employment. Both of these loans are to be repaid within the semester they are borrowed and are meant to help cover immediate expenses. These loan forms may be found on the SFO website under Forms for Short Term Loans.

STUDENT ABROAD BRIDGE LOANS

Student Financial Operations works with the Study Abroad Program to help advance Bridge Loans to pay for Study Abroad tuition, fees and travel expenses. The forms may be found on the SFO website under Forms for Short Term Loans.

STUDENT MEDICAL INSURANCE (SMI)

The University of Wyoming offers a comprehensive program at a reasonable cost. Each fall and spring semester, all eligible students must make an insurance selection of “yes” or “no” when they register for classes using WyoWeb:

- A “no” selection will waive participation in the insurance program for that semester only; a “yes” selection will enroll the eligible student in the insurance program for that semester only and assess the associated fees. Eligible part-time students selecting “yes” are also charged for the part-time student benefit package. Students may change their initial online choice by submitting an e-mail to the Student Insurance Advocate before the drop/add deadline each semester.
- Students eligible for the insurance include all Full Time Undergraduates and Graduate Students and Part time students taking at least 6 hours (undergraduate) or 4.5 hours (graduate), interns and outreach students.
- However, graduate students taking less than 4.5 hours has petition for an exception (see Optional Student Fee Package Petition on the Graduate Student Resources website). It is the student’s responsibility to ensure that the petition has all necessary information and signatures and is submitted to the Registrar’s Office by the drop/add deadline.
- This policy can cover UW Outreach or UW Casper students; however those students are subject to the deductible of $250 at the start of their medical services (unless they are in Laramie and can use the Student Health Service). Those students must also meet the credit hour thresholds (6 or more hours undergraduate, 4.5 hours or more graduate) and will be assessed the Part-time benefit package fee.

International students are automatically enrolled in the International Student Insurance each semester. They may only waive the UW Student Medical Insurance if their circumstances meet certain requirements associated with University Regulation 8-248 and the corresponding policy.

- The insurance policy is an injury and sickness health insurance.
- There is a maximum payout of $500,000 per policy year. After the yearly deductible of $250 is met, the insurance pays from 75% to 90%.
- The plan does not cover dental or vision services.
- For an additional premium, the international plan will cover dependents of covered students.

The Student Medical Insurance requires that students start their health care if at all possible at the Student Health Service (SHS) clinic on campus. For covered medical care provided at the SHS, the deductible is waived, and many services are paid at 100%.

Health Insurance over the summer:

Students who are enrolled in the Spring SMI also have coverage in the summer. For those students not enrolled in the spring insurance and wishing to enroll in the summer SMI, the student must be enrolled in at least 1 credit hour during a summer session. A student may enroll in the SMI during the dates the summer class is offered, and may enroll in the insurance by completing an enrollment form in Room 248, Knight Hall.
STUDENT MEDICAL INSURANCE (SMI) (CONT.)

Brochures regarding the specifics of the Student Medical Insurance (including pricing) for the coming year will be available through the website www.uhcsr.com/uwyo. Please consult the brochure for policy rules if a “yes” insurance selection was made.

| The cost of the Student Medical Insurance premium for domestic students last year was |
|----------------------------------|-------------------|
| Fall 2014                        | $649.00           |
| Spring/Summer 2015               | $978.00           |

<table>
<thead>
<tr>
<th>For international students, the cost last year was</th>
</tr>
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<tbody>
<tr>
<td>Fall 2014</td>
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<tr>
<td>Spring 2015</td>
</tr>
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</table>

RESIDENCE LIFE & DINING SERVICES

Residence Life & Dining Services
Washakie Dining Center
Phone: (307) 766-3025
www.uwyo.edu/reslife-dining
Email: reslife-dining@uwyo.edu
Facebook: UWyo Reslife & Dining and Twitter & Instagram: @UWyoRLDS

On-campus living and dining is an important part of your education, growth, and college experience. The social, educational, and collaborative opportunities that occur while living on campus are unparalleled elsewhere. You will meet new people, develop relationships, and integrate living and learning. We are committed to providing an environment that supports your personal and academic success and look forward to having you become a part of our campus community!

Arriving
Before you know it, the last months of summer will pass, and you will be arriving on campus to begin a new chapter in your life. Whether you are traveling from across the state, across the nation, or across the globe, -Residence Life & Dining Services website has detailed information pertaining to move-in day—including maps of where to park! Downey, McIntyre, Orr and White Halls (the Washakie Halls) primarily house freshman students. Most rooms are double-occupancy and are furnished with two extra-long twin beds (with mattresses) that can be bunked or lofted, two chairs, two desks, and closet space with drawers. There is a sink in each room.

What to Bring
From the experience of students who have gone before you, the following is a list of items to consider bringing. You are encouraged to personalize your room with items from home. Be creative! However, keep in mind that during your college career you will be moving numerous times, so we encourage you to start your freshman year with only the basics!

For the room:
- Alarm Clock
- Surge protector
- Sheets (Twin XL)
- Cable wire for TV
- DVD/BluRay Player
- Fan
- Laundry basket & supplies
- Microwave
- Television
- Mini fridge
- 3M Command Products (to hang posters, etc.)
- Stamps
- Stereo or radio
- Storage crates

Personal Items:
- School supplies
- Water Bottle
- Computer
- Coats, hats, gloves

Hygiene:
- Toiletries & bathroom supplies
- Towels
- Flip flops for shower use
RESIDENCE LIFE & DINING SERVICES (CONT.)

Residence Living Equals Student Success

Research conducted on a national level indicates that students who live in the residence halls are more likely to graduate and are generally more satisfied with their college experience. Data collected by UW shows that students living on campus earn higher grade point averages than off-campus students.

Fall 2013 Residence Halls GPA vs. Off-Campus

<table>
<thead>
<tr>
<th></th>
<th>Freshman</th>
<th>Sophomore</th>
</tr>
</thead>
<tbody>
<tr>
<td>Residence Halls</td>
<td>2.67</td>
<td>3.02</td>
</tr>
<tr>
<td>Off-Campus</td>
<td>2.35</td>
<td>2.71</td>
</tr>
</tbody>
</table>

Residence Life & Dining Services believes that on-campus living and dining is an essential component of your education, personal growth, and college experience. We are committed to providing high-quality, nutritious foods to help you to excel.

Our flexible dining plans and variety of dining options are designed to meet the individual needs of both on- and off-campus students. You’ll find that dining on campus is far more than just “three square meals a day” but instead a complete, exciting experience filled with extensive variety, value, and convenience.

Washakie Dining Center

Featuring marketplace dining with 10 serving platforms, the Washakie Dining Center is the centerpiece of the residential dining program at UW and is the social and cultural hub of the residence halls.

Classic Cuisine: This station includes traditional cuisine such as lasagna, beef roast, and many other classic entrees. Included within this station are vegan, vegetarian and gluten free options. Eggs to order are also featured during breakfast hours.

World of Flavors: Offers two distinct offerings, the Mongolian Grill and the Fire & Ice stations:

- The Mongolian Grill: A traditional Mongolian barbeque where meats, vegetables, and sauces are selected and stir-fried on a very hot Mongolian grill.
- Fire & Ice: A pasta station featuring a daily pasta selection that can be topped with rotating meat marinara or Alfredo sauces. Omelets are featured here on many mornings.

Grand Grill: Offers hamburgers, cheeseburgers, and grilled chicken daily along with specialty sandwich items. During breakfast hours breakfast entrees are served here.

Dessert Station: Fresh from the oven of the Rolling Mill Bakery located just downstairs, the Dessert Station features desserts of all kinds.

- Lettuce ’n’ Ladle: It’s a real soup and salad bar extravaganza!
- The Sandwich Station: Create your own deli sandwich from many meat, cheese, and vegetable choices.
- The Pizzeria: Cheese and pepperoni pizza are available daily, along with a specialty pizzas baked in our Woodstone oven.

Breakfast & More: Toast a bagel, choose from a variety of cereals for a lighter breakfast, or make yourself a waffle at any time of day.

Campus Dining

UW Campus Dining now offers Tapingo, a mobile food ordering application available at most of the campus dining locations. With Tapingo, you can download the application on your mobile device. Once downloaded you can place and pay for your food or beverage order on your smartphone, then swing by the dining location for a quick and convenient pick-up.

Campus Dining Locations
RESIDENCE LIFE & DINING SERVICES (CONT.)

There are several dining options located across the University of Wyoming campus. Whether students are looking for a place to grab a quick bite to eat, enjoy a leisurely meal, or spend time with friends, our dining locations offer a variety of unique atmospheres with menus to match.

The Book & Bean: Located just inside the entrance to Coe Library, it is a popular place for students to grab a light meal, a snack, or a cup of coffee.

Elements: Located in the Classroom Building, Elements serves a variety of sandwiches, salads, drinks, and snacks.

Rendezvous: Located in Ross Hall, Rendezvous features a variety of lunch and breakfast items, a full-service coffee bar, and more.

Wyoming Union Food Court
The Wyoming Union food court offers a variety of options, with several locations open in the evening and on weekends.

Rolling Mill Cafe: Features Starbucks coffee, on-campus bakery selections, breakfast quesadillas & Panini sandwiches.

Panda Express: Let one of our chefs wok up chow Mein, fried rice, broccoli beef or orange chicken (a Panda Express original).

Pita Pit: Features special light and tasty Lebanese-style pitas filled with savory meats that are grilled to perfection.

S’Pokes Pizza Company: Offers quick and tasty pizza by the slice, breadsticks, calzones, and whole pizzas.

Snowy Range Top & Go: A wide variety of toppings for your Chicago-style hot dog or ice cream treat, served up fast and ready to go.

The Gardens: Features a selection of lunch items such as bread-bowl soups, sandwiches, and more.

CJ’s: Convenience store located in the Wyoming Union that is the perfect place to grab a quick snack or beverage on your way to class.

Dining with your WyoOne ID

Dining Dollars
- Additional money linked to your meal plan.
- When you purchase your 12, 15, or Unlimited Meal Plan you are given $50.
- You can add more money when you fill out your Dining Contract.
- This money offers students the ability to eat at the restaurants and cafés around campus including:
  - Union Food Court
  - The Book and Bean
  - Elements
  - Residence Hall Vending Machines
  - And Many More!
- This money only works at food locations on campus and this money may never be withdrawn from the card.

Use it or lose it by the end of the academic year

Campus Express Dollars
- Optional money that can be added to your ID card by you, your parents, family, and friends.
- There are four ways to deposit money into this account: Through WyoOne ID office, the Cashier’s office, online, or the VTS Machines in the Classroom Building, Coe Library, and McIntyre and Downey Halls.

WyoOne ID CARD OFFICE

WyoOne ID Card Office
Knight Hall Rm. 28
Phone: (307) 766-5268 or (307) 766-5267
www.uwyo.edu/idoffice
Email: idoffice@uwyo.edu

The WyoOne ID Card is a student’s all-access pass to buildings and services that are important to their life on campus. Some of these include:

- Access to the student’s Residence Hall Building, Residence Hall Room, and the restroom on their floor
- Entrance into Washakie Dining Center for the student’s Meal Plan
- Access to Half Acre Gym
- Free entry to UW Home Sporting Events
- Can be used as a Debit Card on campus through Dining Dollars and Campus Express Money
- Will allow students to check out materials from Coe Library
- Allows access to the 24-Hour Computer Labs
- Allows students to check in at the Student Health Services
- Students may be required to show their ID when taking exams
- Will allow for the purchase of Theater and Dance Tickets and Guest Tickets for Sporting Events

Students can upload a picture for their ID card through Destination You-W on WyoWeb. If the picture is uploaded before Orientation, you can pick up the card at check in. If the picture is uploaded after Orientation, during the month of July, you can pick up the card in the WyoOne ID Office (Knight Hall room 28) when you arrive on campus in the fall. If you do not upload a picture or your picture is not approved, you can take your ID picture in the WyoOne ID Office.

Caring for your Card

- Your first ID is free; if your ID is lost or stolen it will cost $20.00 to replace the card.
- Your ID stays with you the entire time you are at UW – it is not replaced each year.
- If your ID card is lost or stolen, go online to the WyoOne ID page (www.uwyo.edu/idoffice) and suspend your card. You may also call (307) 766-5267 to suspend your card if you do not have access to the internet.
- If your card is lost or stolen outside of business hours please call UW Police at 307-766-5179 to notify them.
- Any fraudulent use of your ID card is your responsibility unless you have reported it missing.
- Please do not use your card as an ice scraper or for any other purposes that can ruin your card.
- Placing holes in your ID will render it invalid.
TRANSIT AND PARKING

Transit and Parking Services
462 N. 10th Street
Phone: (307) 766-9800
www.uwyo.edu/tap
Email: tps@uwyo.edu

Transit Services
The entire UW campus, with a relatively compact and small layout, takes little effort to travel across whether you’re walking, riding a bike, or cruising on a long board. If needed, however, UW provides several transit options.

Fixed Route Services
- **Union Express Shuttle** runs from the Express Shuttle Lot, located at Willett Drive and 30th Street, to the east side of the Wyoming Union approximately every 7 to 9 minutes from 7:00am to 6:30pm M-F.
- **South Express Shuttle** runs from the South Shuttle Lot, located at 15th and Spring Creek, to the east side of the Wyoming Union approximately every 7 to 9 minutes from 7:00am to 6:30pm M-F.
- **Campus Commuter** shuttle services the perimeter of campus as well as student housing, the Classroom Building, Student Union, and the Marian H. Rochelle Gateway center every 10 minutes during the day (6:30am to 6:30pm) and every 20 minutes during the evening hours (6:30pm to 10:30pm).
- **Gem City Grand** is a city bus operated by the University of Wyoming with authorization by the Albany County Transportation Authority that offers fare free service to anyone. This bus services the main corridor along Grand Ave. The service offers both Eastbound and Westbound shuttles. For up to date stop locations and hours of operation visit [www.ACTAbus.org](http://www.ACTAbus.org) or call (307) 766-8888.

On Call Services
- **Night Owl Express** provides on-call service to and from the residence halls. Simply call (307) 766-0695 (0-OWL) to have the Night Owl pick you up and drop you off anywhere on campus.
- **SafeRide** is a free on-call public transportation service offered to anyone. It operates late nights on the weekends to offer nonjudgmental “safe” rides home anywhere in the city limits. Riders requesting rides simply call 307-766-7433 (307-766-RIDE).
- **Paratransit Services** is available to individuals that are unable to ride the fixed route due to a disability. Eligibility is determined through the Transit & Parking Services office. For up to date hours of operation or more information visit [www.uwyo.edu/tap/transit/paratransit.html](http://www.uwyo.edu/tap/transit/paratransit.html) or call (307) 766-6686.

THE UNIVERSITY STORE AND TEXTBOOKS

The University Store and Textbooks
Wyoming Student Union
Phone: (307) 766-3264
www.uwyo.edu/store
Email: uwystore@uwyo.edu
Facebook.com/uwystore and Twitter.com/uwystore

Textbooks 1010!
Welcome to the University Store! The University Store works with UW professors to provide students with textbooks, course packets, and other educational materials.

As you prepare for your college experience, we encourage you to take advantage of a few simple ways the cost of textbooks can be reduced:

- After you have registered for classes during orientation, go to the University Store to sign up for information alerts. These alerts will inform you when the rental and reservation module is active. Renting your books can be a great way to save money and is now an option that is available from the University store on many of our titles. Just rent, learn, and return!
- Reserve and pay for your textbooks at [www.uwystore.com](http://www.uwystore.com) each semester. Reservations are processed prior to when the majority of students arrive on campus. Therefore, there is a greater chance of securing used textbooks-saving you money! Reservations can be picked up at our buyback/reservation windows several days before the beginning of each semester-saving you time!
- If the situation arises and you need to change or drop a class, return your materials within the drop/add period for a full refund.
- Sell your textbooks back to the University Store early in the week of buyback. During Finals Week each semester, the University Store will pay competitive pricing for any textbook that is being used in the coming semester at UW. If a textbook is not being reused at UW the following semester, it can usually be sold into the wholesale market where a different university may have need for that particular textbook.
FORESHAM LANGUAGE PLACEMENT AND CREDIT BY EXAM AT FRESHMAN ORIENTATION

If you have studied another language in high school or elsewhere and want to continue study in the SAME language, you should be placed at a suitable level. For example, if you had Spanish in high school you should probably not register for Spanish 1010.

There are three ways you can get placed in a language class:

1. You may take the online WebCAPE placement exam in French, German, Russian, and Spanish on day two of Orientation after the session is complete or online from home through your individualized checklist on WyoWeb. It will take ½ hour and cost $10. If it shows you know at least two semesters’ worth of language you can place out of the Arts and Sciences College language requirement entirely (if applicable). However, no academic credit will be awarded for this exam.

2. You may seek a placement interview (talking about your previous language study with a suitable faculty member). This carries no credit but can place you out of some or all of the Arts and Sciences College language requirement. Contact the Department of Modern and Classical Languages at 307-766-4180 or languages@uwyo.edu for more information.

3. You may seek credit by examination on day two after the Orientation session is complete. It will take up to three hours and cost $80. You will need to fill out an application at the Office of the Registrar in Knight Hall and pay at the Cashier’s Office in advance. Bring the application, receipt, and a photo ID to the exam. You can place out of some or all of the Arts and Sciences College language requirement and earn academic credit if you choose this option.

FIRST WEEK CHECKLIST

- Meet your floor mates
  - Find out what you have in common
  - Challenge yourself to learn all of their names by the end of the week
- Meet your RAs
  - Spend time getting to know more about them; they are incredible resources
- Learn where all your classes are.....
  - BEFORE you have them.
  - If you have questions about abbreviations, the front desk of the Residence Halls is a great place to ask.
- Speaking of... go to all your classes!
  - “80% of success is showing up” – Woody Allen
  - Attendance is important, start off your academic career on a strong note!
- Buy your books
  - If you’ve not already done so, the University Store is a great place to pick up any textbooks and course packets you don’t have. Don’t put it off!
- Talk to at least one club or organization:
  - The first week of classes is a gold mine of free stuff: pens, erasers, and swag galore.
  - Not to mention all the free food!
  - Getting involved is a great way to broaden your horizons and make new friends!
- Eat at Washakie
  - The food is delicious, and learning how to navigate the Dining Center efficiently will pay dividends on the days you may be running a little late!
- Speaking of... Sit by somebody new while you’re there!
  - Washakie is a great place to meet new people and make new friends, be sure to take advantage of that amazing opportunity!
- Make a Schedule
  - “80% of success is showing up” – Woody Allen
  - Speaking of... go to all your classes!
  - Not to mention all the free food!
  - Getting involved is a great way to broaden your horizons and make new friends!

AlcoholEdu and Haven requirement for all incoming freshmen.

Did you know that 159,000 of today’s first-year college students will drop out of school next year for alcohol or other drug-related reasons? As part of our comprehensive approach to alcohol, sexual assault, and relationship violence prevention education, the University of Wyoming is asking all freshmen to complete Alcohol Edu and Haven. These are online, non-opinionated educational programs that are used on over 500 campuses nationwide. Whether you drink or not, Alcohol Edu will empower you to make well-informed decisions about alcohol and will help you to reflect on and consider college drinking related issues. Haven will provide you with information about healthy relationships, the importance of consent, how to help a friend, and the many ways you can contribute to a safe and positive campus environment.

For instructions on how you can complete this requirement please go to: www.uwyo.edu/ucc/aware/alcohol-edu-for-freshman.html
If you have any questions, you may contact the AWARE program at aware@uwyo.edu or talk to an AWARE representative during your orientation presentation.

We recognize that talking about sexual violence can be difficult, and want to acknowledge that some of you may have had personal experiences with sexual assault or relationship violence. If taking this course is difficult or triggering for you, please know there are resources on campus to support you, even prior to your arrival to campus this fall. If you are a survivor and need to talk after taking the module, please contact the STOP Violence Program at 307-766-3434 or email stopviolence@uwyo.edu.