

Car Survival Checklist

(Items not provided by UW Car Pool. Items not necessarily in order of importance)

A sleeping bag or two blankets for every person in the vehicle. Newspapers are also good insulation.

Extra winter clothes for every person in the vehicle. This should include extra jackets, pants, boots and socks, mittens, and especially hats, as a very large percent of your body heat is lost through your head.

Food supply of high calorie, non-perishable food, like candy, canned nuts, raisins, etc. If you have a way to heat water, tea bags, instant hot chocolate, "Cup-o-soup and Mug-o-Lunch" packets are excellent.

Matches and candles - The warmth of just one candle is amazing, but again be careful to occasionally open a window for fresh air, and don't go to sleep with the candle burning. Remember that anything burning inside your car may use up the oxygen, causing oxygen starvation.

First Aid Kit and Pocket Knife - Include any special medication anybody in your family takes, like insulin, heart pills, etc. Be sure a first aid manual is included.

Three empty three-pound coffee cans with lids - One to be used for a portable toilet, one for burning a candle, and one to heat water if you have the capability.

Heating element - These commercially available units will plug into your cigarette lighter receptacle and will heat water. Don't run the battery down.

Small sack of lime or any other disinfectant for use with your portable sanitation facilities.

Roll of toilet tissue or large box of facial tissue.

Transistor radio and extra batteries - Check yearly for proper operation.

Battery booster cables - A can of starter fluid may also help.

Long handled shovel - Over-exertion can be dangerous.

Flashlight with extra batteries.

Tow Chain - Should be at least 20 feet in length.

Small sack of sand - Helpful to put in can with candle or to provide extra traction.

Two jugs of water - Best in plastic containers. Do not overfill.

Basic repair tools - Pliers, screwdriver, adjustable wrench, ice scrapper, long rope. etc.

Signal flares - Can be seen for miles. Don't use inside vehicle.

Axe - Branches may be placed under tires for traction.

Extra quart of oil - May be used to set a fire in a hubcap outside the vehicle. The smoke can be seen for miles.

Gas line de-icer - May be used to prevent gas line freezing.

Distress flag -Hunter orange or bright red cloth may be tied to radio antenna other object. If you have no antenna, try to utilize shovel handle or stick to get flag as high as possible.

These hints are taken from the **Winter Driving Booklet** published by Wyoming Emergency Management Agency.