

## **Laramie Local Food Gathering - April 18**

At the Laramie High School in Laramie (11th and Shields) from 9 to 4pm (doors open at 8).  
Theme is Modern Homesteading and sessions include:

- Soil and Soil Amendments (bring a gallon bag of your soil)
- Geothermal Greenhouses
- Selling Food Directly
- Plant Propagation
- Introduction to Butchering
- Renewable Energy Options for Laramie
- Heritage Seeds
- Making the Most of Your High Tunnel
- Brewing Beer
- Tree Grafting
- Foraging for Wild Edibles

This year's Local Food Gathering will begin with insights on modern homesteading in the Laramie area featuring Bren and Steve Lieske, Jackie and Scott Taylor, and Adrienne Szabady and David Gregory who will talk about their experience with self-reliant living, including local foods and urban farming. Concurrent sessions will begin at 10am, 1:30pm and 2:45 with breaks between to connect with other attendees. Informational booths will be available.

For the soil amendments workshop at 10am, you may bring your own soil to work with. Then leave a sample for a soil analysis which Laramie Local Foods will organize. The analysis will cost \$30 (the normal cost is \$50, but Laramie Local Foods is offering a cost share for this day only).

Lunch will be a choice of hearty soups and bread (provided by The Grounds) followed by a brief talk by Ed Goetz of the Albany County School District on how the school lunch program works in Laramie.

Admission is \$5 and free for students. To learn more about the visit Laramie Local Foods on Facebook. Mark your calendar!