April 18- Take-along Trail Mix
Not Smart Snack
Link: http://www.extension.iastate.edu/foodsavings/recipes/take-along-trail-mix

Recipe
Ingredients:
2 cups unsweetened cereal (such as Cheerios, Wheat Chex, Fiber One, Oat Bran)
2 cups sweetened cereal (such as Honey Nut Cheerios, Frosted Mini-Wheats)
2 cups small pretzel twists
1 cup dried fruit
1 cup peanuts

Directions:
1. Wash hands.
2. Mix together all ingredients in a large bowl.
3. Store in an airtight container in cupboard for about 12 weeks, or in freezer for several weeks.

Yield 16 servings