August 12-Fresh Fruit with Cinnamon Yogurt Dip
Smart Snack
Link: http://www.whatscooking.fns.usda.gov/recipes/supplemental-nutrition-assistance-program-snap/fresh-fruit-cinnamon-yogurt-dip

Recipe
Ingredients:
1 apple
1 orange
¼ cup orange juice
1 cup vanilla yogurt
½ teaspoon cinnamon

Directions:
1. Core and slice the apple.
2. Slice banana into thin circles.
3. Peel the orange and break it into sections.
4. Pour the orange juice into a small bowl.
5. Dip the fruit pieces into the orange juice to prevent browning.
6. Arrange on a plate.
7. Mix the yogurt and cinnamon in a small bowl.
8. Put the bowl of yogurt and cinnamon next to the fruit. Use it as a dip for the fruit.

Yield 4 servings