January 20 - Banana Split Oatmeal
Not Smart Snack
Link: http://www.whatscooking.fns.usda.gov/recipes/supplemental-nutrition-assistance-program-snap/banana-split-oatmeal

Recipe
Ingredients:
1/3 cup oatmeal
⅛ teaspoon salt
¾ cups water
½ banana
½ cup frozen yogurt

Directions:
1. In a microwave safe cereal bowl, mix together the oatmeal and salt. Stir in water.
2. Microwave on high power for 1 minute. Stir. Microwave on high power for another minute. Stir again.
3. Microwave an additional 30-60 seconds on high power until the cereal reaches the desired thickness. Stir again.
4. Top with banana slices and frozen yogurt.

Yield 1 serving