June 13- Berries with Banana Cream
Smart Snack
Link: http://www.whatscooking.fns.usda.gov/recipes/supplemental-nutrition-assistance-program-snap/berries-banana-cream

Recipe
Ingredients:
1/3 cup yogurt, low-fat plain
1/2 cup banana (ripe)
1 Tablespoon fruit juice
2 cups slices strawberries
1 teaspoon honey
1 dash cinnamon

Directions:
1. Combine yogurt, banana, and juice and mash with a fork until most chunks are gone.
2. Wash and slice berries.
3. Top the berries with the yogurt banana mixture.
4. Top with honey and cinnamon.

Yield 4 servings