



June 27- Strawberry Peanut Butter Crepes

Not Smart Snack

Link: <http://www.recipe.com/strawberry-pb-crepes/>

Recipe

Ingredients:

- 1 9 inch store-bought crepe
- 2 Tablespoons peanut butter
- ¼ cup chopped strawberries

Directions:

1. Spread crepes with peanut butter and sprinkle with strawberries. Roll up crepe, trim off ends, and cut log into 1-inch slices.

Yield 2 servings

Nutrition Facts

Serving Size 1/2 crepe
Servings Per Container 2

Amount Per Serving

Calories 180 **Calories from Fat** 100

% Daily Value*

Total Fat 12g **18%**

Saturated Fat 3g **14%**

Trans Fat

Cholesterol 45mg **15%**

Sodium 170mg **7%**

Total Carbohydrate 12g **4%**

Dietary Fiber 2g **6%**

Sugars 4g

Protein 7g **14%**

Vitamin A 0% • Vitamin C 20%

Calcium 4% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet.