May 14 - Mango Shake
Not Smart Snack
Link: http://www.whatscooking.fns.usda.gov/recipes/supplemental-nutrition-assistance-program-snap/mango-shake

Recipe
Ingredients:
2 cups milk
4 Tablespoons mango juice or 1 fresh mango
1 banana
2 ice cubes

Directions:
1. Put all ingredients into a blender. Blend until foamy. Serve immediately.

Yield 4 servings