May 30- Bean Salad
Smart Snack
Link: https://www.foodhero.org/recipes/bean-salad

**Recipe**

*Ingredients:*
- ¼ cup vinegar
- ¼ cup sugar
- 2 Tablespoons vegetable oil
- ¼ teaspoon salt and pepper
- 6 cups beans (about 4 15-ounce cans)
- 2 cups chopped vegetables

*Directions:*
1. In a large bowl, combine vinegar, sugar and oil. Mix well. Add salt and pepper if desired.
2. Add beans and vegetables and gently stir to coat. Cover and refrigerate until ready to serve. For more flavor, make a day ahead.

*Yield 1 serving*