**Recipe**

**Ingredients:**
- 2 pita pockets (medium, whole wheat)
- ¼ cup peanut butter (reduced fat, chunky)
- ½ apple (cored and thinly sliced)
- ½ banana (thinly sliced)
- ½ peach (fresh, thinly sliced)

**Directions:**
1. Cut pitas in half to make 4 pockets and warm in the microwave for about 10 seconds to make them more flexible.
2. Carefully open each pocket and spread a thin layer of peanut butter on the inside walls.
3. Fill with a combination of apple, banana, and peach slices. Serve at room temperature.

Yields 4 servings