November 28- Cranberry Pumpkin Muffins
Not Smart Snack

Recipe
Ingredients:
2 cups flour
¾ cup sugar
3 teaspoons baking powder
½ teaspoon salt
½ teaspoon cinnamon
¾ teaspoon allspice
½ cup vegetable oil
2 egg, large (large)
¾ cup pumpkin (canned)
2 cups cranberries (fresh or frozen chopped)

Directions:
1. Preheat oven to 400°F.
2. Sift together dry ingredients (flour through allspice) and set aside.
3. Beat oil, eggs, and pumpkin together until well blended.
4. Add the wet ingredients (pumpkin mixture) to the dry ingredients all at once. Stir until moistened.
5. Fold in chopped cranberries.
6. Spoon into paper lined muffin cups.
7. Bake for 15 to 30 minutes.

Yields 12 servings