November 29- Pears in a Pod

Smart Snack

Link: http://www.whatscooking.fns.usda.gov/recipes/supplemental-nutrition-assistance-program-snap/pears-pod

Recipe

Ingredients:
- 4 celery stalks (cleaned and cut into 3” long pieces)
- ½ cup creamy peanut butter
- 2 pears (cored and cut into chunks)

Directions:
1. Spread the peanut butter into the center of the celery pieces.
2. Place the pear chunks on top of the peanut butter.
3. Serve on a plate and enjoy with your friends.

Yields 4 servings