September 21 - After School Dip
Not Smart Snack
Link: http://www.recipe.com/after-school-dip/

Recipe
Ingredients:
1 package (8 ounces) nonfat cream cheese
1 Tablespoon nonfat milk
3 Tablespoons packed brown sugar
1/4 teaspoon pumpkin pie spice
1/3 cup raisins

Directions:
1. Place cream cheese and milk in food processor or blender. Pulse until creamy; do not overbeat. Add brown sugar and pumpkin pie spice. Whirl until blended.
2. Place mixture in small bowl, stir in raisins. Serve with apple wedges, carrots, and celery sticks.
3. Refrigerate unused portion of dip.

Yield 6 servings