

Laramie Community
A Limited Mental Health Referral List
University Counseling Center

Psychology Clinic **(307)766-2149**

Bio Sciences Building, Room 304, Campus

Psychotherapy and assessment services for children, adults and couples
Psychological Assessment, Learning Disability and Attention Deficit/Hyperactivity Assessments, Diagnoses of Psychological Disorders, Personality Assessments - Therapy Fee Schedule – Based on net income – Free to maximum \$20.00/hour

Learning Disability/ADHD Assessment Fee

Net income under \$25,000 **OR UW Student OR Senior** (>=65 years of age) \$150

Net income \$25,001 to \$50,000 \$300; Net income \$50,001 and above \$450

<http://www.uwyo.edu/psychology/psychology-clinic/>

Depression, Anxiety Disorders including Posttraumatic Stress Disorder (PTSD); Health related problems; Weight management and smoking cessation, Adjustment to medical illness, Grief and loss; childhood behavior problems.

Department of Counselor Education Clinic **(307)766-6820**

Education Building, Room 44, Campus (bottom floor, NE corner)

Free services - individuals, couples, families, adults, adolescents and children in the UW and Laramie communities

DUI/MIP Substance abuse evaluations

<http://www.uwyo.edu/profstudies/counseling/counseling-services.html>

Depression & Anxiety, Stress, Sexuality and Identity Concerns, Life transitions, Death, Loss & Grief, Abuse & Domestic Violence

Student Health Services **(307)766-2130**

Student Health Services Building, Campus

<http://www.uwyo.edu/shser/>

Behavioral Health Services **(307)742-2141**

Iverson Memorial Hospital

(Crisis Line) (307)742-0285 255

North 30th Street

http://www.iversonhospital.org/getpage.php?name=behav_health&sub=Services

PEAK Wellness Center (Community Non-profit)

1263 North 15th Street

(307)745-8915

Adults, seniors, adolescents, children families, and couples

(also for crisis)

CARF accreditation

Services - Mental Health, Substance abuse, Severely and Persistent Mental Illness (SPMI), Youth and Family, Foster grandparent

Mental health care: See website for other practitioners & specialties

Sliding fee scale, insurances accepted and filed, Medicare/Medicaid

24 hour on-call services

Psychiatric services, psychological evaluations, State Certified substance abuse treatment including Intensive

Outpatient therapy (IOP), Other groups available

<http://www.peakwellnesscenter.com/>

AlbanyCountyCenter@peakwellnesscenter.org

Alliance for Growth

(307)742-4769

Karen Robertson, MS, LPC
1050 N. 3rd St., Ste B1

Adults, children, adolescents, couples and family counseling
Initial session \$160.00, Indiv. \$120.00, Couples \$180.00

Medicaid, Accepts and files insurance including UW student insurance, Reduced fee available based on need and payment plans are available,
Military life issues, Parenting-Active Parenting Curriculum, Certified in Distance Counseling, Co-parenting group

Alpenglow Wellness, Inc.

Maureen Lutterman, Ph.D., LPC
Laurie Homer, MS, LPC, NCC

(307)760-1998

(307)460-1687

121 E. Grand Ave, Suite 216
(Landmark Square)

Adults, seniors, adolescents, children families, and couples
Initial consultation free, Indiv. & couples 110.00/hour

Medicare/Medicaid Provider, Insurances accepted including UW student insurance, Reduced fees available

<http://www.alpenglowwellness.com/>

For ADHD: She specializes in holistic techniques, relaxation, nutrition, brain chemical interventions exclusive of prescription medications, if client prefers natural practices, Certified in Distance Counseling
College Student Affairs: experienced in Academic Advising and Career Counseling, Pre- and Post-Partum and breast-feeding issues

The Clinic for Mental Health and Wellness

(307)755-1000

Martha Nesslinger, MS, LPC
Teresa Jacobs-Castano, LCSW, LAT
Debbie Bastian, MS, LPC

Fax: (307)742-9717

Michelle Worden, MS, LPC
Andrew Felton, PhD, LPC

504 South 4th Street

Adults, seniors, adolescents, children families, and couples

Initial consultation \$135.00, Indiv. \$120.00, couples \$120.00-\$180.00, Group \$60.00,

Insurances accepted, Medicare/Medicaid State Certified Substance treatment - Levels 0.5, I & II.1 Adolescent & adult assessments/treatment/ IOP groups, MIP/DUI class, Mental health counseling including veterans & military personnel, student affairs, co-parenting & parenting classes, DBT, Play therapy, sex offender treatment, pain management

Psychiatric Nurse Practitioner: Beth Romsa, APRN

<http://www.clinicformentalhealth.com>

laramie@clinicformentalhealth.com

Judy Coburn Counseling & Consulting, LPC

(307)745-8335

121 E Grand Ave., Ste 210

www.jccounselingandconsulting.com

judyc@jccounselingandconsulting.com

Individuals, couples, families and groups

Relationship/intimacy, parenting, divorce issues, grief and loss

Women's group, conflict resolution, TRIO program experience

Training & consultation services: Conflict Resolution, Diversity Awareness, Dependable Strengths, The Healing Power of Humor, Living Intentionally, Creating Leadership

Lori Denny-Collamer, MSW, LCSW

(307)421-8189

2020 E. Grand Ave., Suite 418

Laramie, WY 82070

foar.ladc@charter.net

Sylvia Crocker, MS, MA, Ph.D., LPC
2115 E. Hancock, Laramie, Laramie, WY 82072
1807 Capitol Avenue, Suite 101B, Cheyenne

(307)745-9284
(307)761-1915

Adults, seniors, families, and couples
Initial Consult \$120.00/hour w/insurance, \$60.00/hour for initial consultation for students,
Couples \$120.00 w/o insurance, group \$25.00/hour
Student rates available, Accepts insurance, Reduced fee negotiable

<http://www.crockergestalt.com/>
crockersf@aol.com

Specialties-Gestalt therapy, couples counseling, Gestalt training workshops available
Growth group, PTSD, chronic illness/disability

Jamie Egolf, M.S.W.
157 North 6th Street
Laramie, WY 82072

(307)745-9662

Jungian Analysis, Gestalt, psycho drama, trauma focusing, and body work

Lou Farley, PhD, LPC
410 Grand Avenue, Suite 307
Laramie, WY 82070

(307)742-8948

Child, adolescent and adult; Individual, family and couples counseling, Organizational Consulting
Initial consultation and individual \$105.00, Couples \$60.00-\$90.00
Accepts all insurance except Tri-care

Gateway Counseling
425 S. 21st St.
Laramie, WY 82070

(307)742-2223

Larry Andrews, Ph.D., LPC, DAC
Diane French, MA, LPC

(307) 272-8880

Adult, children, adolescents, seniors; individual, family, couples and groups
All appointments \$125.00; Reduced fee available based on income
Most insurance accepted including Tricare and UW Student insurance.

http://www.whitewaterchristian.com/gateway_counseling.htm
gateway@wavecom.net

Christian counseling; Biofeedback; Addiction, Assessment/treatment of Childhood Sexual Abuse (Training by
US Dept. of Health & Human Services, Nat'l Ctr. of Child Abuse & Neglect)

Wendy King, APNP
Snowy Range Health Center
2523 E. Garfield St.

(307)460-9888

Psychiatric Nurse Practitioner services as well as medical care

Judith Olson, Ph.D.
526 Regency Drive
Laramie, WY 82070

(307)745-8475

Adults, Seniors, Adolescents; Individual, Couples and group psychotherapy
Initial Consultation \$140-160.00, Individual \$120.00, Couples \$140.00, Group \$85.00
Accepts all insurance, no reduced fees, Medicare/Medicaid, Accepts UW health insurance
Psychological evaluations (including learning disabilities and ADHD), Marital Therapy, Periodic 8 week groups
for chronic physical illness

Pathways (307)721-0700
1465 North 4th Street, Suite 119 (Toll Free) (877)721-0700
Laramie, WY 82072

Families, Individuals, Adults, Children and Adolescents
Medication Management \$225.00, Follow Up 20-30 min. \$120.00
Counseling-Initial consultation \$150.00, Individual \$115.00, Couples \$150.00, Group \$45.00
Insurances accepted, Medicare/Medicaid, UW student insurance

<http://www.laramiecounseling.com/>

Mental health care: See website for other practitioners & specialties

MIP/DUI education classes, DBT groups, anger management groups

Psychiatric care: Mary Moreno, MD

Jill Lloyd, PMHNP-BC

Nancy McGee, PMHNP-BC,

Pendley & Associates, Inc (307)742-6222
1277 North 15th St. Laramie, WY 82072
2909 Bent Ave., Cheyenne, WY 82001

Adults, seniors, adolescents, children families, and couples
Accepts and files major insurances, Medicare/Medicaid, Fee based on ability to pay

<http://www.pendleyandassociates.com/>

Mental health care: See website for other practitioners & specialties

EMDR, TIR (Trauma Incident Reduction), Art therapy, Self Hypnosis, Christian Counseling, Psychiatric care:

Caitlin Vasquez, PMHNP-BC, CARN-AP (Certified Addictions)- Beth Romsa, PMHNP-BC

Kelly Petrino, Psy.D. (307)460-0781
507 S. 4th St. Suite B
Laramie, WY 82070
Dr.kelly.petrino@gmail.com

Frances Price, Ph.D.
1465 North 4th Street, Suite 101
Laramie, WY 82072 (307)745-3668
Child, adolescent and adult; Individual, couples and family
Sport and Exercise psychology, psychological evaluations

Douglas Scambler, Ph.D. (307)460-0120
507 South 4th Street, Suite A
Laramie, WY 82070
dougscambler@gmail.com
Autism Spectrum Disorders; Psychological Evaluations

Emily Siegel, LCSW (307)399-4508
507 South 4th St., Ste B
Laramie, WY 82070
EMDR, trauma, family/couples and individual
\$120.00/hour for individual; Sliding scale, Medicaid
emily.siegel.lcsw@gmail.com
<http://emilysiegeltherapy.com>

Snowy Range Consulting, LLC (307)745-5414
Mark J. Watt, Ph.D., J.D.
526 Regency Drive
Laramie, WY 82070

Children, Adolescents, Adults, Seniors, Families
Fee-\$150.00/hour, Medicaid, Insurances filed
Psychological/Neuropsychological evaluations, Learning disabilities, Forensic Psychology

Seasons Psychiatric Clinic 311 S. 2nd St (307)755-6463
Janet Somlyay, D.NP., PMHNP, PMHS, CPNP-AC/PC Lt. Col, USAF (Ret.) (307)755-mind
Laramie, WY 82070

Psychiatric care for children, adolescents, young adults and families including diagnostic & forensic assessments
Initial evaluation 90 minutes \$250.00, Follow-up therapy only 50 min. \$150.00, Follow-up Therapy &
Medication Management \$200.00, Follow Up 20-30 min. \$100.00
Accepts major insurances, Medicaid/Medicare
Has 24 hour on call service

<http://www.seasonsclinic.org>
info@seasonsclinic.org

Board Certified (BC) Psych Nurse Practitioner (NP) in Child/Family/Adult Psychiatry
BC NP in Primary Care/Acute Care, BC Pediatric NP as a Pediatric Behavioral Health Specialist
Specialty: psychopharmacology/medication management w/prescriptive authority of the above populations, also
for pregnant, lactating or post delivery women with mood disorders, psychotherapy for families, trained in DBT,
Play therapy, military issues, ADHD, school IEP assistance; Psychogenetic testing

Janet Upchurch, LPC 208-490-0635
2020 Grand Ave., Suite 410
Laramie, WY 82070

EMDR; Adults, seniors, adolescents, children; Individual, couples, families
Fee-\$150.00/hour for Indiv and couples, Reduced fee available
Inquire related to group availability-\$50.00/hour;
Blue Cross/Blue Shield, WinHealth, Medicaid, Inquire related to other insurance

Leah White, APRN, FPMHNP-BC Tel: (307) 460-3278
Trinity Mental Health Fax: (307) 742-9717
504 S. 4th Street
Laramie, WY 82070