

# UW ECEC MENU

## Monday December 2, 2013

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
Cereal	Hard Shell Beef Tacos	Yogurt
Oranges	Spanish Rice	Wheat Thins
Milk	Refried Beans	Water
	Apple	
	Milk	

## Tuesday December 3, 2013

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
Muffins	Grilled Chicken Breast w/ Pear Salsa	Trail Mix
Apples	Fragrant Basmati Rice	Juice
Milk	Peas	
	Mandarin Orange Segments	
	Milk	

## Wednesday December 4, 2013

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
Cinn/Raisin Toast	Grilled Ham Slices	String Cheese
Fruit Cocktail	Macaroni & Cheese Casserole	Apples
Milk	Steamed Fresh Spinach	Water
	Banana	
	Milk	

## Thursday December 5, 2013

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
Cereal	Swedish Meatballs	Teddy Grahams
Melon	Egg Noodles	Milk
Milk	Peas & Red Peppers	
	Pineapple	
	Milk	

## Friday December 6, 2013

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
French Toast	Hot Ham & Swiss on Croissant	Mini PBJ's
Fruit Cup	Fresh Broccoli	Milk
Milk	Fruit Cocktail	
	sMilk	