

# UW ECEC MENU

## Monday January 13, 2014

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
Cereal Apples Milk	General Tsos Chicken Brown Rice w/ Green Onions Stir Fried Vegetables Applesauce Milk	Rice Cakes Juice

## Tuesday January 14, 2014

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
Bagels Cream Cheese Pears Milk	Sloppy Joe Sandwich Tossed Green Salad Cantaloupe Milk	Cottage Cheese Oranges Water

## Wednesday January 15, 2014

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
Toast w/jelly Bananas Milk	Steak and Cheese on Ciabatta Waffle Fries Peas and Mushrooms Orange Milk	Cheese Crackers Water

## Thursday January 16, 2014

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
Oatmeal Melon Milk	Meatloaf Mashed Potatoes w/ Beef Gravy Buttered Parsley Carrots Fruit Cocktail Milk	Cinnamon Rolls Milk

## Friday January 17, 2014

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
Pancakes Fruit Cup Milk	Chicken Breast Alfredo Sauce Pasta Fresh California Vegetables Sliced Peaches Milk	Mini Pizzas Water