

UW ECEC MENU

Monday January 27, 2014

Breakfast	Lunch	Snack
Cereal	Beef Tacos	Gingersnaps
Melon	Spanish Rice	Applesauce
Milk	Refried Beans	Water
	Apple	
	Milk	

Tuesday January 28, 2014

Breakfast	Lunch	Snack
Muffins	Grilled Chicken Breast w/ Pear Salsa	Trail Mix
Apples	Fragrant Basmati Rice	Juice
Milk	Peas	
	Mandarin Oranges	
	Milk	

Wednesday January 29, 2014

Breakfast	Lunch	Snack
Oatmeal	Grilled Ham Slices	String Cheese
Pears	Macaroni & Cheese Casserole	Apples
Milk	Steamed Fresh Spinach	Water
	Banana	
	Milk	

Thursday January 30, 2014

Breakfast	Lunch	Snack
Cereal	Swedish Meatballs	Yogurt
Oranges	Egg Noodles	Crackers
Milk	Southern Style Beans & Rice	Water
	Peas & Red Peppers	
	Milk	

Friday January 31, 2014

Breakfast	Lunch	Snack
French Toast	Hot Ham & Swiss on Croissant	Cinnamon Grahams
Fruit Cup	Fresh Broccoli	Milk
Milk	Fruit Cocktail	
	Milk	