

# UW ECEC MENU

## Monday July 17, 2017

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
Cereal	Beef Tacos	Yogurt
Oranges	Spanish Rice	Club Crackers
Milk	Refried Beans	Water
	Bananas	
	Milk	

## Tuesday July 18, 2017

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
Mini Bagels	Herb Crusted Cod	Goldfish Crackers
Melon	Baked Potato	Milk
Milk	Broccoli and Carrots	
	Canteloupe	
	Milk	

## Wednesday July 19, 2017

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
Toast w/jelly	Box Lunch	Apple Slices
Bananas	Milk	String Cheese
Milk		Water

## Thursday July 20, 2017

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
Oatmeal	Mediterranean Chicken	Quesadillas
Oranges	Couscous	Milk
Milk	Steamed Carrots	
	Pineapple	
	Milk	

## Friday July 21, 2017

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
Pancakes	Beef Pizza	Mini Meat/Cheese Sandwich
Fruit Cup	Baba Ghanoush	Milk
Milk	Celery	
	Apples	
	Milk	