

# UW ECEC MENU

## Monday November 6, 2017

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
Cereal Melon Milk	Beef Stew Whole Wheat Bread Celery Sticks Oranges Milk	Fresh Veggies w/dip Milk

## Tuesday November 7, 2017

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
Breakfast Burrito Oranges Milk	Mediterranean Chicken Roasted Baby Red Potato California Veggies Pears Milk	Rice Cakes w/c.c. Milk

## Wednesday November 8, 2017

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
Yogurt Parfait Milk	Tacos Cilantro Rice Roasted Corn Applesauce Milk	Trail Mix Milk

## Thursday November 9, 2017

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
Oatmeal Pears Milk	Baked Herb Cod Fresh Broccoli Lemon Rice Apples Milk	Ritz PB Bites Milk

## Friday November 10, 2017

<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
Waffles Fruit Cup Milk	Turkey and Cheddar Sandwich Tossed Salad Diced Melon Milk	Cornbread Milk