

UW ECEC MENU

Monday October 21, 2013

Breakfast	Lunch	Snack
Cereal	Beef Stroganoff w/ Egg Noodles	Gingersnaps
Oranges	Peas	Applesauce
Milk	Apples	Water
	Milk	

Tuesday October 22, 2013

Breakfast	Lunch	Snack
Bran Muffins	Pork Egg Rolls	Trail Mix
Apples	Sweet & Spicy Plum Sauce	Juice
Milk	Fried Rice	
	Oriental Snap Peas	
	Pineapple	
	Milk	

Wednesday October 23, 2013

Breakfast	Lunch	Snack
Cinnamon/Raisin Toast	Cheese Pizza	String Cheese
Fruit Cocktail	Tossed Green Salad	Apples
Milk	Banana	Water
	Milk	

Thursday October 24, 2013

Breakfast	Lunch	Snack
Cereal	Burritos w/ Green Chili	Teddy Grahams
Cantaloupe	Spanish Rice	Milk
Milk	Seasoned Black Beans	
	Pear Chunks	
	Milk	

Friday October 25, 2013

Breakfast	Lunch	Snack
French Toast	Mediterranean Chicken	Meat/Cheese Sandwiches
Fruit Cup	Brown Rice	Water
Milk	Steamed Carrots	
	Honeydew Melon	
	Milk	