

UW ECEC MENU

Monday September 16, 2013

Breakfast	Lunch	Snack
Cereal Bananas Milk	Beef Stroganoff Egg Noodles Peas Apple Milk	Bean & Cheese Tortillas Water

Tuesday September 17, 2013

Breakfast	Lunch	Snack
Scrambled Eggs Toast w/jelly Applesauce Milk	Pork Egg Rolls Fried Rice Sweet and Spicy Plum Sauce Oriental Snap Peas Pineapple Milk	Club Crackers Mozzarella cubes Water

Wednesday September 18, 2013

Breakfast	Lunch	Snack
Oatmeal Oranges Milk	Cheese Pizza Tossed Green Salad Bananas Milk	Fresh Berry Smoothies Rice Cakes

Thursday September 19, 2013

Breakfast	Lunch	Snack
Bagels w/c.c. Peaches Milk	Burritos with Green Chili Spanish Rice Seasoned Black Beans Pear Chunks Milk	Zucchini Muffins Milk

Friday September 20, 2013

Breakfast	Lunch	Snack
Pancakes Fruit Cup Milk	Mediterranean Chicken Brown Rice Steamed Carrots Honeydew Melon Milk	Teddy Grahams Apple Slices Water