

UW ECEC MENU

Monday September 23, 2013

Breakfast	Lunch	Snack
Cereal Pears Milk	Hard Shell Beef Tacos Spanish Rice Refried Beans Apple Milk	Cinnamon Grahams Milk

Tuesday September 24, 2013

Breakfast	Lunch	Snack
Country Biscuits Fruit Cocktail Milk	Grilled Chicken w/ Pear Salsa Basmati Rice Peas Mandarin Orange Segments Milk	Wheat Thins Cheese Slices Water

Wednesday September 25, 2013

Breakfast	Lunch	Snack
Oatmeal Apples Milk	Macaroni and Cheese Casserole Grilled Ham Slices Steamed Fresh Spinach Banana Milk	Goldfish Crackers Juice

Thursday September 26, 2013

Breakfast	Lunch	Snack
Cereal Oranges Milk	Swedish Meatballs Egg Noodles Peas & Red Peppers Pineapple Milk	Mini Pizzas Milk

Friday September 27, 2013

Breakfast	Lunch	Snack
Waffles Fruit Cup Milk	Hot Ham & Swiss on Croissant Fresh Broccoli Fruit Cocktail Milk	Fresh Veggies w/dip Crackers Water