

UW ECEC MENU

Monday September 30, 2013

Breakfast	Lunch	Snack
Cereal Bananas Milk	Basil Salmon w/ Ratatouille Jasmine Rice Fresh Broccoli Applesauce Milk	Bugs on a Log Juice

Tuesday October 1, 2013

Breakfast	Lunch	Snack
Yogurt Parfait Milk	French Dip Sandwich Steak Fries Italian Vegetables Fruit Cocktail Milk	Meat/Cheese Cubes Pita Triangles Water

Wednesday October 2, 2013

Breakfast	Lunch	Snack
Pumpkin Bread Fruit Cocktail Milk	Fish Sandwich w/ Tartar Sauce Chuckwagon Corn Cantaloupe Milk	Mini Rice Cakes Juice

Thursday October 3, 2013

Breakfast	Lunch	Snack
Cereal Melon Milk	Grilled Cheese Sandwich Tomato Soup Broccoli and Cauliflower Oranges Milk	Apples Cereal Bars Water

Friday October 4, 2013

Breakfast	Lunch	Snack
Waffles Fruit Cup Milk	Beef Burgundy w/ Egg Noodles Succotash Pineapple Chunks Milk	Fig Newton Cookies Milk