

## *Campus Life*

### **FAQ's and Terms to Know for Students**

*Campus Activities Center (CAC):* the CAC is a great place for you to get connected to campus activities and get involved at UW. The Campus Activities Center (CAC) hosts campus events, connects you to organizations for activities and volunteer opportunities, and summer programs. Click [here](#) to access the CAC webpage.

*Campus Supports:* a variety of campus supports are available to help you transition to college and navigate your UW experience. Campus supports include counseling, mental health services, student health, career advising, academic advising, campus writing center, and much more. It is important for you to know about these services and utilize them.

*Counseling Center:* the transition to college can be a unique and, sometimes, stressful experience for you as a college student. Be sure to connect with the [University Counseling Center](#) at any time - these services are **free** to students! Business Hours: 8 a.m. - 5 p.m., Monday to Friday. Location: 341 Knight Hall. Phone Number During Business Hours: 307 766 2187; After Hours Crisis (risk to self and/or others): 307 766 8989; In Case of Emergency: 911. Your privacy is very important - please refer to the [Confidentiality page](#) for additional information. Additional services and programs are also available through the Counseling Center, we encourage you to explore this page via the Menu Tab for more programs and opportunities for services and ways to keep you well during your time at the University of Wyoming.

*Dorm Life:* not only are you embarking on a new academic career at the University of Wyoming – your living situation will change as well. Living in the dorms with new people and forming lasting friendships and connections is also part of the campus experience. Check out the [Residence Life](#) webpage for additional information, you will also want to connect with your Resident Adviser (RA) at any time during this transition process and throughout the year.

*Recognized Student Organizations (RSO):* these are organizations made up of and run by students! Connecting to a RSO on campus is a great way to become engaged and create a network on friends. More information on RSO's can be found [here](#) – this webpage will also direct you to [UW Connect](#), which is a great way to find organizations and events on campus.

*Student Health:* you can call ahead to check office hours and to schedule an appointment, 307 766 2130; you can also email at [studenthealth@uwyo.edu](mailto:studenthealth@uwyo.edu). [Check out a lists of services available here.](#) Unsure if you qualify to use [Student Health Services](#)? [Click here](#) to be directed to their [Eligibility page](#) - you can also link to the [Student Health Insurance site](#) from here!

*WyoOne ID:* think of this as a one-stop-shop card for campus use. Students can use this card to purchase food on campus, pay for printing, reserve library rooms, and much more. Navigate to the [WyoOne Card page](#) for more information.