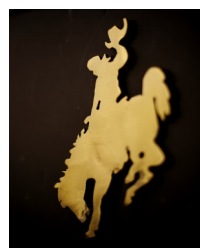


POKE NOTES



Advising & Fall 2020 Registration, Midterms, Preparing for Sophomore Year, and more!

In this issue:

- Advising & Fall 2020 Registration
- Midterms
- Preparing for Sophomore Year

In this issue you will find useful information for the mid-semester point. At this time you should be focusing on meeting with advising, considering courses for next semester (and enrolling), rocking your midterms, and preparing for your transition to Sophomore Year (financial aid and scholarships, housing, courses, and more).

Check out our website for additional information and resources for students: [LeaRN First Generation page](#).

“If you are looking for a major that you love try to look at what excites you, don’t major in something for your parents or someone else...do what you love. Look up your advisor in the first few weeks of school and reach out.”

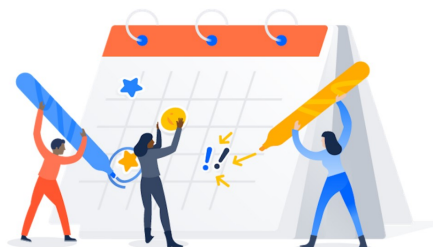
Emilee Inez, UW Student

Advising

Mid-Semester Advising Days

March 13, 30 & 31

April 1, 2 & 3



Your advisor is a great resource available to you on campus—they can help you to brainstorm options for your major, understand degree progress, discuss course offerings, and so much more!

Check out these helpful links on how to connect with your advisor on campus:

[How to Find Your Advisor](#)

[Advising FAQs](#)

If you are undeclared or your chosen major that does not feel like a good fit and you want to explore other options, the Advising, Career, and Exploratory Studies Center (ACES) encourages you to make an appointment for career counseling. We can help you identify your academic, career and life goals; develop greater self-understanding; identify and overcome career barriers; and develop a career action plan.

To make an appointment call our main office at 307-766-2398 or stop by our main office at 222 Knight Hall.

Fall 2020 Registration

April 1st (Registration for Fall 2020 Begins for Continuing Students!)

Tips to Help You Succeed on Your Midterms:

Self-care is critical—getting enough sleep, eating well and scheduling time to unwind and decompress!

Meet with your professor—if you have questions about the test or paper, this is a great time to connect with your professors on areas for improvement and how you can succeed.

Study—be sure to allow yourself enough time to study and remove all distractions. If a study group is helpful for you be sure to use this time wisely.

Check your work—if you are allowed 3 hours to finish a test/exam and you finish in 2 hours, we encourage you to use the extra time to review your work and double-check your answers!



KEEP
CALM
AND
ACE THAT
TEST



Additional Midterm Help!

The University of Wyoming Writing Center will be OPEN during Spring Break!

Hours are Monday to Friday (March 16-20) 9 a.m. to 5 p.m. and Sunday (March 22) 1 to 5 p.m. (Coe Library, Level 1).

This is a great resource to utilize if you have mid-semester papers and assignments due, or if you want to get an early start on other assignments!

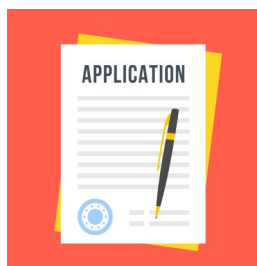
Are You Ready for the Transition from Freshman to Sophomore Year?

It may be hard to believe but now is the perfect time to start preparing yourself for a successful sophomore year at UW! Below are some tips and things to consider as you start planning out school year 2020-2021.



Tip 1:

Be sure to complete your FAFSA, free application for federal student aid, as soon as possible!



Tip 2:

Complete as many scholarship applications as you can! Scholarships are a great way to fund your education and can help you connect with more opportunities both on and off campus.



Tip 3:

It is never too early to start thinking about your housing options for next year.



Tip 4:

Take some time to consider your college experience from this year and how you want your experience to improve next year. Consider courses you enjoyed and professors/instructors that you connected with throughout the year. Have a conversation with your advisor and trusted resources on campus to help you consider and shape your academic career here at UW.

Do you want to be more involved on campus? Is there an organization that you want to connect with on campus? Do you want to take more classes on a particular subject? The sky is the limit! Spend some time reflecting on these questions and connect with advising, ACES, trusted professors/instructors, and other resources on campus to help you achieve your academic goals!

