

Welcome to



UNIVERSITY OF WYOMING

LeaRN Programs
First Year Experience

STEP 1102: STEP INTO COLLEGE

One Credit
Elective

Instructor: Mollie Hand | Office: Coe 110 | Hours: Tues/Thurs 9-11 | Email mhand4@uwyo.edu

WHAT IS THIS COURSE?

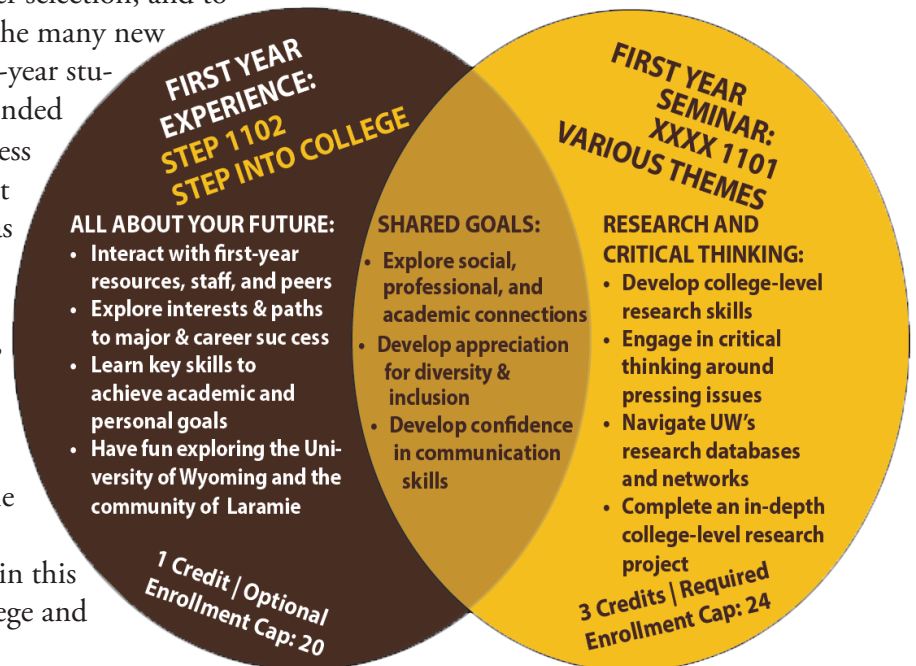
STEP 1102 is designed to provide skills which equip you to interact with the UW campus resources, staff, and faculty; to learn about tools for academic support and wellness; explore academic and co-curricular opportunities; to incorporate personal talents and passions into major and career selection; and to encourage personal reflection of the many new experiences encountered as a first-year student on campus. This class is intended

Honor the space between no longer and not yet.
-Nancy Levin

to increase success and engagement at UW as well as improve critical thinking, purposeful reading, and democratic discussion with peers and faculty. The time and investment

you devote to the opportunities in this class will carry far into your college and professional future.

THE FIRST YEAR EXPERIENCE COMPLEMENTS THE FIRST YEAR SEMINAR



Student Learning Outcomes

LEARNING ABOUT LEARNING

Students will develop practical and metacognitive skills to better understand the learning process by:

- developing a deeper understanding of goal-setting, both short-term and long-term;
- learning metacognitive skills and the importance of mindset in achieving goals;
- practicing strategies in areas of time management, note-taking, and active reading.

BROWN & GOLD EXPERIENCE

Students will engage in and reflect on a common, university-wide experience by:

- exploring student organizations & co-curricular activities that fit their interests and goals;
- establishing working relationships with faculty, advisors, and student support services;
- engaging in and reflecting on a common diverse university experience.

PERSONAL GROWTH & WELLNESS

Students will develop skills that help with personal growth and wellness by:

- learning strategies for managing financial, mental, and physical health;
- evaluating issues of living in a diverse society;
- exploring and developing academic interests and career pathways.



Grading Schema

Your final grade will be calculated as follows:

- Participation: 10 pts possible per class, 12 wks, 240 pts, plus required office appointment, 10 pts
250 points | 25%
- Assignments and Quizzes, in-class work, 10 pts each
200 points | 20%
- Six reflections as homework, two per SLO, 50 pts each (some require rough drafts for 10 pts & final drafts for 40 pts)
300 points | 30%
- One final reflection as homework covering three SLOs
150 points | 15%
- One final presentation during last week(s) of class
100 points | 10%

Typical Class Plan

- check-in based on the daily topic
- short reading, video, or TED Talk
- brief lecture, small group work, or class discussion
- in lieu of in-class activities, some campus tours will take place
- oral or written check-out

Assignments as Homework

45% of your grade is completed in class;

55% is homework, including:

- a personality and career values assessment
- six reflection journals (due online)
- final project and prep for final presentation

Texts/Materials/Technology

Course readings can be accessed through WyoCourses; The instructor will also provide readings from additional texts, such as *Becoming a Learner*

Students are expected to have access to a functioning UW Student Account, UW email & WyoWeb/WyoCourses. (For assistance regarding use of WyoCourses contact wycourses@uwo.edu or search the Canvas Guides located on the left navigation bar in WyoCourses.)

Attendance, Late Work, and Behavior Policies

Come to class.

Much of what you will take from this class will happen in class, including 45% of your grade. Missing one class is almost equivalent to missing one week. Your engaged participation is essential to your success in this course. You have **TWO** unexcused absence in this class with no penalty beyond the loss of participation points.. This should cover all sickness, emergencies and/or religious observations. **After two unauthorized absences, each missed class will lower your final grade one percentage point.** University sponsored or excused absences can be cleared through the Dean of Students Office in Knight Hall. (dos@uwo.edu.)

Turn in assignments on time.

Assignments will only be accepted up to two weeks past the due date. Late assignments will lose 3% of the assignment credit each day beyond the due date (unless you have received an extension beforehand). It is easy to fall into a spiral of missing assignments, so be sure to set aside time each week for this class!

Be kind and respectful.

UNIREG 29, section III:D states, “[A student] has no right to impinge upon the instructor’s freedom to teach or the right of other students to learn. The instructor shall establish reasonable standards of conduct for each class. . . and the instructor may, through orderly procedures, dismiss any student who violates such standards.” In class, students’ contributions are encouraged, as long as they are thoughtful, relevant, and respectful. Unnecessary talking, texting, sleeping, or reading of unrelated material during class is rude and disruptive.

Reflection Rubric

(approximately 350 words per written reflection, 3 minutes for voice or video recordings)

20 points

The reflection does not address the student's thinking and/or learning, does not move beyond description of the experience, and does not articulate any connection to other learning experiences.

30 points

The reflection attempts to demonstrate thinking about learning but is vague and/or unclear about the personal learning process, the analysis of learning experience, and the connections to other experiences.

40 points

The reflection explains the student's thinking about his/her own learning processes, includes analysis of the learning experience, and articulates connections between this content and other learning experiences.

50 points: The reflection explains the student's own thinking and learning processes, as well as implications for future learning, includes in-depth analysis of the learning process, and articulates clearly multiple connections between the learning experiences and content from other experiences.

Participation Rubric

0 points: Unexcused absence or excessive tardiness.

2 points: Student arrives late or leaves early, distracts others or reads/does other homework in class. Does not contribute to discussion, texts or uses tech. inappropriately.

4 points: Student arrives late to class or is not prepared, distracts other students during group work or participates very little.

8 points: Student is punctual and prepared. Works well with other students, but doesn't speak up in class or monopolizes the conversation. Student appropriately uses technology.

10 points:

Student is punctual and prepared. Maintains a positive attitude, and interacts well with other students. Student appropriately uses technology. University Approved Absence with advanced notice.

Final Presentation Rubric

You will create a final project that reflect your growth and learning since the beginning of the semester.

You convey a clear and deep reflection of how you approached challenges utilizing skills by describing either ...

three challenges showing skills used from each of the three SLOs

Challenge 1
SLO 1

Challenge 2
SLO2

Challenge 3
SLO 3

or

one larger challenge you faced that required three skills from the three SLOs.

One Grand Challenge shows use of skills **SLO1**, SLO2, & SLO3

20 points per SLO articulated, **20 points** for concise, engaging visual presentation free of errors, **20 points** for timeliness and preparation Total points possible: **100 points**

In-Class Assignments & Quizzes

Rubrics vary. Some are graded as complete (100%) or incomplete (0%).

Points given for quizzes.

Content learned during campus tours may also have quizzes for following class period.



First Year Experience Badge

SOAR is a program that helps you track your experiences in order to build a well-balanced resume by the time you graduate. SOAR is an optional component of the class, but many of the activities you will participate in this semester will also earn you SOAR points, such as attending an athletic event, seeing your advisor during advising weeks, etc. In addition to points, SOAR offers badges to students who complete the requisite number of tasks. A SOAR First Year Experience (FYE) Badge has three segments, which correspond to our three learning outcomes.



To earn the FYE Badge, you must complete one requisite task and one optional activity within each area of the FYE badge (six tasks total). SOAR activities are optional but count toward end-of-term rewards.

While not a requirement, the hope is you will earn the FYE Badge by Thanksgiving. You can always choose to complete more SOAR tasks and activities to collect more points. On the final week of the semester, the STEP 1102 class with the most combined points will receive a catered meal. The second-place class will get desserts, and the third-place class will get drinks. Top-point earners in each class will also earn prizes.

Expectations and Responsibilities

Student Expectations: Students will come to class prepared and having completed the homework, readings, quizzes, etc. The time commitment for STEP 1102 requires 50 minutes per week in class and can require 2-3 hours per week outside of class. Students should accept responsibility for their work and deadlines. Attendance is mandatory. Students are allowed 2 absences. These absences are to be used for illness and emergency. (University-related absences do not count as one of the 2 permitted absences.) After 2 absences, each missed class will lower the student's final grade one percentage point.

Teacher Responsibilities: The instructor is responsible for 1) correctly grading assignments and providing feedback in a timely fashion; 2) keeping accurate records; and 3) communicating exam or syllabus changes in a timely manner.

Conferences and Office Hours:

I will hold conferences during the semester with each student. If you miss your appointment, you will be marked absent. If you have a question or a concern, please come to my office hours or set up an appointment as soon as possible.

Diversity Statement:

The University of Wyoming values an educational environment that is

diverse, equitable, and inclusive. The diversity that students and faculty bring to class, including age, country of origin, culture, disability, economic class, ethnicity, gender identity, immigration status, linguistic, political affiliation, race, religion, sexual orientation, veteran status, worldview, and other social and cultural diversity is valued, respected, and considered a resource for learning.

Policies and Resources

Duty to Report:

UW faculty are committed to supporting students and upholding the University's non-discrimination policy. Under Title IX, discrimination based upon sex and gender is prohibited. If you experience an incident of sex- or gender-based discrimination, we encourage you to report it. While you may talk to a faculty member, understand that as a "Responsible Employee" of the University, the faculty member **MUST** report information you share about the incident to the university's Title IX Coordinator (you may choose whether you or anyone involved is identified by name). If you would like to speak with someone who may be able to afford you privacy or confidentiality, I can help direct you, or you may find information about UW policy and resources at [http://](http://www.uwyo.edu/reportit)

www.uwyo.edu/reportit

You do not have to go through the experience alone. Assistance and resources are available, and you are not required to make a formal complaint or participate in an investigation to access them.

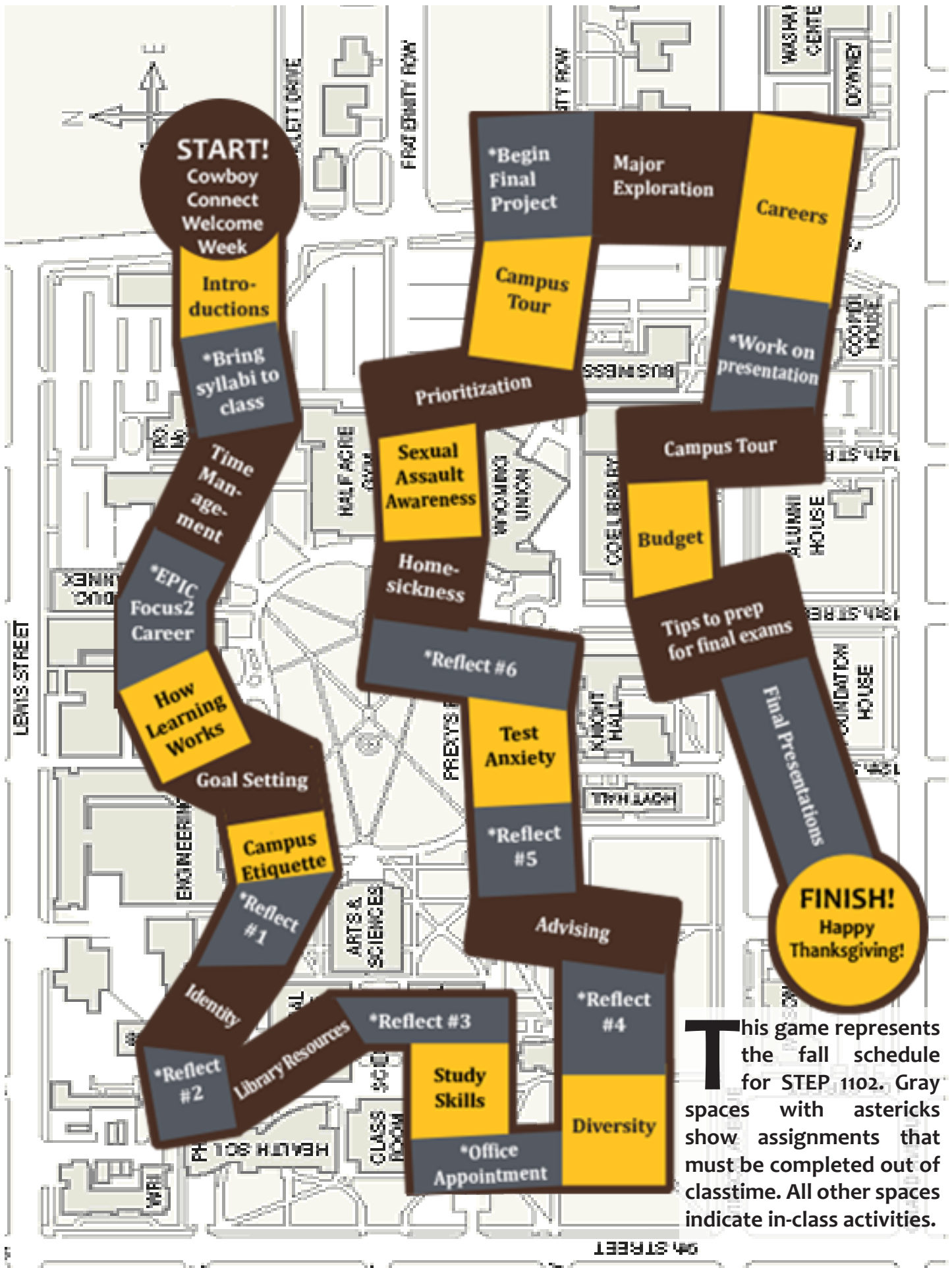
Disability Support:

If you have a physical, learning or psychological disability that requires accommodations, please notify the instructor as soon as possible.

Register with and provide documentation of your disability to University Disability Support Services in Knight Hall Room 109 (307-766-3073; www.uwyo.edu/udss).

Campus Resources

Counseling Center:
uccstaff@uwyo.edu, 766-2187, 766-8989 (After hours), 341 Knight, www.uwyo.edu/ucc
Academic Affairs: 766-4286, 312 Old Main, www.uwyo.edu/acadaffairs
Dean of Students Office:
dos@uwyo.edu, 766-3296, 128 Knight Hall, www.uwyo.edu/dos
UW Police Department:
uwpd@uwyo.edu, 766-5179, 1426 E Flint St, www.uwyo.edu/uwpd
Student Code of Conduct:
www.uwyo.edu/dos/conduct
STEP Tutor Center: Free evening and weekend tutoring for over 40 courses. Visit Coe Library between 6-10pm (Sun.-Thurs.). www.uwyo.edu/STEP



This game represents the fall schedule for STEP 1102. Gray spaces with asterisks show assignments that must be completed out of classtime. All other spaces indicate in-class activities.