# Sexual Assault

*Important Note from Dr. Matt Gray, Psychology:*

*Give a heads up about content and allow for un-penalized opt out of that day/exercise. “There’ll almost certainly be a survivor or two in the mix even in very small sections and – given what we know about biggest spike in assaults (first month of college) – it wouldn’t be altogether surprising if someone had a very, very recent experience.  Just wouldn’t want a pronounced/significant reaction unfolding real time and have to figure out how to deal with it. A brief heads up and opt-out usually suffices.”*

Students will:

* Reflect on their own experiences with sexual assault
* Gain perspective on the prevalence of sexual assault
* Learn about the different resources in Laramie for victims and their support people

Materials:

* 1 copy per student and instructor of [Stand Up survey](https://www.uwyo.edu/fye/_files/docs/stand-up-survey.pdf) from Montana State University
* 1 black pen per student
* [Signs](https://www.uwyo.edu/fye/_files/docs/resource-signs.pdf) with titles and descriptions of resources on campus:
  + Title IX Office
  + Dean of Students
  + Resident Assistants
  + University Counseling Center
  + Campus Police
  + Student Health Services
* Tape to hang signs
* [“Reclaiming College” by Lilly Jay](https://www.uwyo.edu/fye/_files/docs/reclaiming-college.pdf)
* 1 copy per student of [resource handout](https://www.uwyo.edu/fye/_files/docs/resource-list.docx)

Description of Day

* Stand Up survey:
* Hand out survey and pens
  + Remind them that it needs to be confidential
  + Have them fold it in half after then finish, and hand it back in
* Shuffle and hand the surveys back out
* Read each prompt, and instruct students to stand if the survey indicates “Yes”
* Choose the Resource Scenarios
  + Show students each sign taped up, and give a brief description of what each entity does
  + Remind students there aren’t any wrong answers
  + Read out the following prompts and have the students move to their chosen resource:
    - Your friend tells you someone in their class is making unwanted comments to them
    - Your friend says she was pressured into kissing somebody
    - Your friend says their significant other is verbally abusing them
    - Your friend says they were sexually assaulted at the dorms last night
    - Your roommate tells you they drank too much and blacked out at a party last night
    - Your friend tells you their professor is hitting on them
    - Your roommate says they may have been drugged last night
    - Your roommate says they are having a hard time recovering from a previous assault
    - Your significant other says they are being followed around campus
    - Your significant other says they have been receiving strange/aggressive emails from their advisor
    - Your significant other wants to press charges against a prior aggressor
* Ask the students why they chose the location they did throughout the exercise
* Once they return to their seat, as students to turn to a neighbor and discuss: What resources exist that you didn’t realize?
* Quick write: How did this conversation make you feel?
* Read “Reclaiming College” by Lilly Jay