News at the GEC

We have exciting news!
WyGEC has been awarded a $2.5 million grant from the Health Resources and Services Administration to strengthen geriatric care and training throughout Wyoming with the Geriatric Workforce Enhancement Program (GWEP).

Competition for this award was steep with applications from a variety of healthcare institutions, universities, and community based service organizations. The Wyoming GWEP, one of 44 awards across 29 states, is a partnership with CRMC, The Wyoming Department of Health Aging Division and the Cheyenne VA Medical Center, with additional collaborations with the UW Family Medicine Residency Program in Casper, Wyoming Dementia Care, Mountain-Pacific Quality Health Foundation and Fremont County BOCES. The GWEP will introduce many new programs and training opportunities, such as chronic disease self-management programs for older adults throughout the state, and will create an online Technology and Aging Certificate; as well as a Geriatric Medicine Fellowship at the UWFMRP in Casper.

The GWEP funding provides for a broader focus, and projects will include education of older adults, lay and family care partners, and direct care workers. The GWEP is an exciting opportunity, and we are busy diving in! Find us at either wygec@uwyo.edu or wycoa@uwyo.edu
Wyoming Care with Confidence
DVD Training Series:
Identifying and Managing Problem Behaviors Associated with Dementia in the Long Term Care Setting

Caring with Confidence is a program designed to educate Certified Nursing Assistants (CNAs) and other direct care workers on how to manage challenging behaviors that are often associated with dementia. Topics covered in the training are: Person-First Philosophy, Factors in behavior, Managing behaviors & tips for communication and managing caregiver stress.

Cost: $95.00 and includes DVD, USB and 2 hours of training
Email wygec@uwyo.edu to request an order form!

FREE Alzheimer’s Disease Workshops:
In partnership with the Alzheimer’s Association-WY Chapter
Friday, October 9th, 2015 in Cheyenne WY, 8:00am-4:45pm
Holiday Inn: 204 W Fox Farm Rd, Cheyenne, WY 82007. Laramie/Shoshoni Rooms

For Public and Family Caregivers (CG): 7:30am-11:30am
Topics include: Basics of Dementia, Management and Treatment, Managing Challenging Behavior and Communicating with Someone Who has Dementia, Advanced Planning and Local Resources, Alzheimer’s and Medications

For Healthcare Professionals (HP): 12pm-4:45pm
Topics include: Assessment and Diagnosis of Alzheimer’s, Keeping Medications in Mind: Complexities of Treatment, Understanding Alzheimer’s Patient Needs and Supporting Caregivers, End of Life Planning for Alzheimer’s Patients and Families

Register online at: www.uwyo.edu/geriatrics (HP) or www.uwyo.edu/wycoa for CG

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We will be building on our previous Dementia ECHO clinics with an interprofessional Geriatric ECHO offering. These clinics provide an opportunity to receive best-practice recommendations for consideration in management of geriatric patients though presentations of challenging cases to a network of colleagues in the state as well as a specialist care team.

Continuing Education Hours will be offered
More information will be made available soon on how to join this unique community of practice
WyGEC Online Resource Center
Access to useful databases, links to related organizations, and information on geriatric topics that can be used for classroom or conference settings

http://www.uwyo.edu/geriatrics/resource_center/

- Geriatric research databases; Reviews of Geriatric mobile apps for iPhone and droid; Alzheimer’s and dementia resources; Publications on aging topics; Links to related organizations; Consensus statements and guidelines
- Lending Library List (DVDs, Videos and Publications) - Topics include general aging, Alzheimer’s and other forms of dementia, family and caregiving, women and aging, long-term care, healthcare management, stroke, end-of-life care, elder abuse, education/students and bereavement.

*To receive a complete list of available library resources, please contact WyGEC at wygec@uwyo.edu

Online Training Modules:
Over 50 Recorded training modules on relevant geriatric topics by experts in their field, including:

⇒ Alzheimer’s Disease-What you need to Know
⇒ Dementia, HIPAA and Decision-Making Capacity
⇒ Management of Problematic Behaviors of Elderly patients
⇒ Dementia in the Patient with Intellectual Disability
⇒ An update of the diagnosis of Alzheimer’s, from preclinical to Dementia: NIA-AA, DSM5 and IWG Criteria Considered
⇒ Caregiver Resources and Support
⇒ Readmission: a Closer Look at the High-Risk Patient
⇒ Caring for our Older LGBT Adults
⇒ Native Americans (American Indians) and Dementia
⇒ Advances in Pharmacologic and Non-Pharmacologic Management of Alzheimer’s

And many more!

View these modules under the Education and Training button or
http://www.uwyo.edu/geriatrics/edu_training/online_training_modules.html

*Certificates of Completion can be provided for CE reporting!

Infusion Units:
Infusion Units are packaged lecture materials featuring a film or power-point with teaching notes, discussion questions, and resources for additional reading assignments. Our collection includes:

- Hold Your Breath - for ethnogeriatrics: Illuminates the pivotal role of cross-cultural communication in healthcare decision-making, and the urgent need for cultural competence and diversity training in the healthcare professions.
- Age of Champions: An uplifting story of five competitors who sprint, leap, and swim for gold at the National Senior Olympics.
- Health Literacy and Older Adults Module: The degree to which individuals have the capacity to obtain, process, and understand basic health information and services needed to make appropriate health decisions.
- Aging Etiquette: Understanding and implementing respectful communication and interaction with people who are older/aging.
- Oral Health: Understand the importance of oral health and how it relates to total physical health; understand the oral bacteria infection process; show and teach caregivers how to provide oral care for residents with compromised physical or mental abilities; explain how nutrition/eating habits can impact the success of oral health.
- Older Adults Driving: Overview includes: the number of older drivers is growing; Age itself does not make an unsafe driver; Modifications to behavior and equipment can help promote safe driving; Collaborative conversations with older drivers are important; and understand that there are resources available. 2 versions are available: caregiver and healthcare
College of Health Sciences: Minor in Aging
Aging Baby Boomers are Redefining Geriatric Care!

The field of geriatric health offers opportunities in traditional health care settings and in new settings as the aging baby boomers redefine “geriatric care.” Consider the variety of professionals needed to design and create alternative community living environments. Imagine the excitement of being involved in wellness and preventative geriatric programs such as healthy nutrition for older adults or exercise for improved quality of life. Whether your interest is in hospital care, residential care, or another allied health care, a minor in aging studies will complement your major.

Please visit: http://www.uwyo.edu/hs/divisions-and-programs/minor-in-aging-studies.html for more information and minor requirements!

Find us at Facebook for more information and updates on your local GEC: https://www.facebook.com/wygec

Thank you to those that supported the Center on Aging in Laramie on September 4th, 2015 for the Walk to End Alzheimer's!