UNIVERSITY OF WYOMING Advanced Psychiatric Nurse Practitioner Program Report October 1, 2017

[Pursuant to W.S. 21-17-116 (e) and (f)] To the Joint Labor, Health and Social Services Interim Committee

Program Overview

The Fay W. Whitney School of Nursing (SON) offers a graduate program that prepares Psychiatric Mental Health Nurse Practitioners (PMHNP). PMHNPs are advanced practice registered nurses who provide a full range of psychiatric care, including assessing, diagnosing, and managing the prevention and treatment of psychiatric disorders and mental health problems. PMHNPs work in various settings, from outpatient settings such as clinics to hospitals. The demand for PMHNP is high across the state since every county in Wyoming is underserved for mental health.

A master's program, started in the fall of 2005, began with funding assistance from the Health Resources and Services Administration (HRSA). Student enrollment began in the 2005-2006 academic year. In 2010, the University's Board of Trustees approved the Doctor of Nursing Practice (DNP) program to replace the master's degree nurse practitioner program. The move to the DNP was part of a larger national movement in nursing shifting advanced practice registered nursing (APRN) education to the doctoral level. In fall 2005, the American Association of Colleges of Nursing voted to change the level of preparation necessary for advanced practice nursing, including education for nurse practitioners, from the current master's degree to the doctorate level (DNP) by the year 2015. The move to the DNP was in response to several key national studies highlighting problems with the quality of health care in the US, the increasing scope of advanced practice nursing, the explosion of information and biomedical technology, pressures to improve quality of care while reducing costs, an aging and increasingly diverse population, and worsening disparities in care with larger barriers to access. The DNP program allows the UW School of Nursing to continue the successful pipeline of primary care and mental health providers into practice in Wyoming, with students being able to choose to complete the DNP requirements for national certification as either a family nurse practitioner (FNP) or a psychiatric mental health nurse practitioner.

The SON now has two full-time faculty who are doctorally educated and nationally certified as PMHNP. This has allows the SON to full-implement the PMHNP option in the DNP program and had the first 4 graduates of the DNP program specializing in psychiatric mental health nursing in the Summer of 2017.

Loan Repayment Program Update

There has not been any new state funding in this loan repayment program since 2010. However, UW used funds from the internal loan repayment account (see below) to offer loans to current PMHNP students under the same conditions as detailed in the statutes. In 2015-2016, four students received and completed loans. Three of those students received the loan for two years and one student received a loan for one year.

The updated balance of the internal loan repayment account as of June 2016 is not sufficient to extend a loan to another student in 2016-2017, although there will be some funding available in the future since 3 graduates are repaying the loan with cash. However, state funding is necessary to provide ongoing loans to these and future students since the loan repayment funds are not enough to cover students throughout the program.

One other issue needs to be brought to the attention of the committee. When the statutory language governing the PMHNP's loan repayment program (21-17-116d) was created, UW offered a two-year master's degree. Thus, students received two years of loans that were required to be repaid with two years of service. In transitioning to the three-year doctorate program, the statute permits UW to offer three years of loans, but the length of required work to pay back the loan remains capped at two years. If the legislature wishes to require three years of work to pay back three years of loans, the statute will need to be amended.

Required Reports

W.S. 21-17-116 (e) – Under this provision, like the WWAMI program, the University's Board of Trustees, upon the recommendation of the President of the University, may relieve a student from repayment of a loan provided under this section for undue hardship. The provision requires the University to report to the Joint Labor, Health and Social Services Interim Committee the number of students who have been relieved of the obligation to repay the loan. No student was relieved of a loan last year, and only one student has received such dispensation over the years.

W.S. 21-17-116 (f) — Under this provision, again similar to the WWAMI program, all loan repayments are to be credited to an account to be used by the University to fund loans under this program. This provision requires the University to report to the Committee regarding expenditures from this account during the preceding fiscal year.

Loan Repayment Update

A total of 34 students have been supported by the PMHNP loan payment program since it was established. The table below summarizes the status of those participants who currently owe on their loan as of July 1, 2017. It should be noted that there is no residency requirement for students to participate in the loan repayment program, although preference is given to Wyoming residents. One graduate is currently in the process of repaying the loan through professional practice as a PMHNP in Wyoming (Deferred for Practice) and three participants are repaying the loan (Repayment). One student is in an enrolled status as of August 2017. Of those not listed on the table, the UW Board of Trustees canceled one loan due to hardship for a former student and the remaining participants have paid their loan either in professional practice or through monetary payment.

Status July 1, 2017	Hometown	Practice Town
Deferred for Practice	Torrington	Lingle, WY
Repayment	Buffalo	
Repayment	Laramie	
Repayment	Laramie	
Enrolled	Cheyenne	
Grace	Boulder, CO	
Grace	Gillette	

FY17 – Fiscal report

As outlined below, no expenditures have occurred from the repayment funds.

Advanced Psychiatric Nurse Practitioner Program				
Beginning balance per FY 2016 Fiscal Report	\$ 16,088.53			
Collections (principle & interest)	\$ 260.44			

FY 16 earnings (interest income)	<u>\$ 93.84</u>
Loan advances	\$ (0.00)
Ending cash balance	\$ 18,471.92
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Loans canceled for practice in Wyoming – FY17	\$ 6,755.80